

IDATA - Stanford Person: Data Dictionary

TABLE OF CONTENTS

Document Summary	2
IDATA - Stanford Person: Data Dictionary	3
Section 1: Identifiers	3
Section 2: Form Data.....	4
Section 3: Activity Levels	5

Document Summary

Property	Value
Document Title	IDATA - Stanford Person: Data Dictionary
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IDATA - Stanford Person: Data Dictionary
06/13/2017
Dataset: stanford_prsn

IDATA - Stanford Person: Data Dictionary

Section 1: Identifiers

Variable	Label	Description	Format Text
build	Build Date	Build Date	SAS Date .F="No Admin"
iid	IDATA ID		Char

Section 2: Form Data

Variable	Label	Description	Format Text
stanford_comp_date_1-2	PAQ Stanford Date		SAS Date .F="No Admin"
stanford_has_admin_1-2	Administration Number	Study groups 1 and 3 had administrations at month 1 and month 6, while study groups 2 and 4 had administrations at month 6 and month 12.	0="No" 1="Yes"
stanford_num_of_admins	Number Of PAQ Stanford Questionnaires Completed		Numeric

Section 3: Activity Levels

Variable	Label	Description	Format Text
stanford_activity_category_1-2	Activity Category	Activity Category	.F="No Admin" 0="Inactive" 1="Light-Intensity Activity" 2="Moderate-Intensity Activity" 3="Hard-Intensity Activity" 4="Very Hard-Intensity Activity"

Variable	Label	Description	Format Text
stanford_leisure_activity_1-2	Leisure Time Activity Level	<p>Please select the one statement that best describes the way you spent your leisure-time during most of the past year.</p> <p>0 - Most of my leisure-time was spent with very little physical activity. I mostly did things like watching television, reading or playing cards. If I did anything else, it was likely to be light chores around the house or yard, or some easy-going game like bowling or catch. Only occasionally, no more than once or twice a month, did I do anything more vigorous, like jogging, playing tennis or active gardening.</p> <p>1 - Weekdays, when I got home from work, I did few active things. But most weekends I was able to get outdoors for some light exercise - going for walks, playing a round of golf (Without motorized carts), or doing some active chores around the house.</p> <p>2 - Three times per week, on the average, I engaged in some moderate activity - such as brisk walking or slow jogging, swimming or riding a bike for 12-20 minutes or more. Or I spent 45 minutes to an hour or more doing moderately difficult chores - such as raking leaves or washing windows, mowing the lawn or vacuuming, or playing games such as doubles tennis or basketball.</p> <p>3 - During my leisure-time over the past year, I engaged in a regular program of physical fitness involving some kind of heavy physical activity at least three times per week. Examples of heavy physical activity are: jogging, running or riding fast on a bicycle for 30 minutes or more; heavy gardening or other chores for an hour or more; active games or sports such as handball or tennis for an hour or more; or a regular program involving calisthenics and jogging or the equivalent for 30 minutes or more.</p> <p>4 - Over the past year I engaged in a regular program of physical fitness along the lines described in the answer above, but I did it almost daily - five or more times per week.</p>	<p>.F="No Admin" 0="Very Little Activity" 1="Light Exercise on Weekends" 2="Moderate Exercise 3 Times per Week" 3="Heavy Physical Activity at Least 3 Times per Week" 4="Heavy Physical Activity Daily over the Past Year"</p>

Variable	Label	Description	Format Text
stanford_on_job_activity_1-2	On the Job Activity Level	<p>Please select the one statement that best describes the kinds of physical activity you usually performed while on the job this past year. If you are not gainfully employed outside the home but perform work around the home regularly, indicate that activity for this question.</p> <p>0 - If you have no job or regular work, check this answer</p> <p>1 - I spent most of the day sitting or standing. When I was at work I did such things as writing, typing, talking on the telephone, assembling small parts or operating a machine that takes very little exertion or strength. If I drove a car or truck while at work, I did not lift or carry anything for more than a few minutes each day.</p> <p>2 - I spent most of the day walking or using my hands and arms in work that required moderate exertion. When I was at work I did such things as delivering mail, patrolling on guard duty, mechanical work on automobiles or other large machines, house painting or operating a machine that requires some moderate activity. If I drove a truck or lift, my job required me to lift and carry things frequently.</p> <p>3 - I spent most of the day lifting or carrying heavy objects or moving most of my body in some other way. When I was at work, I did such things as stacking cargo or inventory, handling parts or materials, or I did work like that of a carpenter who builds structures or a gardener who does most of the work without machines.</p> <p>4 - I spent most of the day doing hard physical labor. When I was at work I did such things as digging or chopping with heavy tools, or carrying heavy loads (bricks, for example) to the place where they are to be used. If I drove a truck or operated equipment, my job also required me to do hard physical work most of the day with only short breaks.</p>	<p>.F="No Admin" 0="No Job or Regular Work" 1="Light Activity" 2="Moderate Activity" 3="Heavy Activity" 4="Hard Labor"</p>