Version Date: 1/06

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Month

Prostate, Lung, Colorectal and Ovarian Cancer Screening Trial SUPPLEMENTAL QUESTIONNAIRE

PLEASE COMPLETE:

Today's Date:

Month

Day

Year

Participant Date of Birth:

Day

Year

STATEMENT OF CONFIDENTIALITY

Collection of this information is authorized by The Public Health Service Act, Section 412 (42 USC 285 a-1). Rights of study participants are protected by the Privacy Act of 1974. Participation is voluntary and there are no penalties for not participating or withdrawing from the study at any time. Participation will not influence a person's relationship with any provider of medical care or any federal program such as Social Security or Medicare. The information collected in this study will be kept confidential and will not be disclosed to anyone but the researchers conducting this study, except as otherwise required by law. Names and other identifiers will be separated from information provided and will not appear in any report of the study. Information provided will be combined for all study participants and reported as statistical summaries. Study records will be kept for approximately 2 years past the end of the study, and then destroyed.

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WHEN FILLING OUT THE QUESTIONNAIRE, PLEASE FOLLOW THESE INSTRUCTIONS

- Use a blue or black ball-point pen or a Number 2 Pencil. Do not use red ink or a felt tip pen. Do not fold, staple or tear the forms.
- Circles: Please fill in the circles completely. Try not to go outside the lines.

CORRECT MARK \bullet **INCORRECT MARKS** $\oslash \odot \odot \bullet \otimes$

GENERAL INFORMATION

	FAMILY BACKGROUND AND BODY TYPE			
	○ None			
	O Other (specify)			
	○ Seventh Day Adventist			
	○ Protestant			
	○ LDS or Mormon			
	\bigcirc Jewish			
	○ Greek Orthodox			
	○ Christian Scientist			
	\bigcirc Catholic			
3.	Into what religion were you	born? (Choose One)		
	O Other (specify)			
	O Extended sick leave			
	○ Employed part-time			
	O Employed full-time			
2.	Are you currently (Choos	,		
		\bigcirc Never married		
	O Married or living as mar	-		
1.				

- 4. Are you Hispanic or Latino? (Choose One)
 - \bigcirc Yes, Hispanic or Latino
 - \bigcirc No, not Hispanic or Latino

5. What is your race? (Choose One)

- \bigcirc American Indian or Alaska Native
- \bigcirc Asian
- \bigcirc Black or African American
- \bigcirc Native Hawaiian or Other Pacific Islander
- \bigcirc White

- 6. What is your current family income? (Choose One)
 - \bigcirc Less than \$20,000
 - \bigcirc \$20,000 to 49,999
 - \$50,000 to 99,999
 - \bigcirc \$100,000 to 200,000
 - \bigcirc More than \$200,000
 - \bigcirc Prefer not to answer
- 7. What is your current height? (Record your height in feet and inches.)

Feet Inch	es
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8. Please estimate your weight when you were the following ages. (EXCLUDE ANY PERIODS WHEN YOU WERE PREGNANT)

Age	Weight	
30s		Pounds
40s		Pounds
50s		Pounds
60s		Pounds
70s		Pounds

9. What is your current weight?

_____Pounds

- 10. When you gain weight, where do you MAINLY tend to add the weight?
 - \bigcirc Don't gain weight
 - \bigcirc Around the chest and shoulders
 - \bigcirc Around the waist and stomach
 - \bigcirc Around the hips and thighs
 - \bigcirc Equally all over
 - O Other (specify)
- 11. When you are trying to slim down, where is it most difficult to lose the weight?
 - \bigcirc Don't try to lose weight
 - \bigcirc Can't lose weight
 - \bigcirc Around the chest and shoulders
 - \bigcirc Around the waist and stomach
 - \bigcirc Around the hips and thighs
 - \bigcirc Equally all over

O Other (specify)

- 12. Compared to other people of the same sex and height, when sitting, are you... (Choose One)
 - O Especially tall
 - \bigcirc Somewhat tall
 - \bigcirc Typical
 - \bigcirc Somewhat short
 - \bigcirc Especially short
- 13. How would you describe your waist in comparison to your hips (waist-to-hip ratio)? (Choose One)
 - \bigcirc Waist much smaller than hips
 - \bigcirc Waist somewhat smaller than hips
 - \bigcirc Waist similar to hips
 - \bigcirc Waist somewhat larger than hips
 - \bigcirc Waist much larger than hips

14. What was your father's age when you were born? (Choose One)

- \odot Less than 20 \odot 50 to 59
- \bigcirc 20 to 29 \bigcirc 60 to 69
- \bigcirc 30 to 39 \bigcirc 70 or older
- \bigcirc 40 to 49 \bigcirc Unknown

15. What was your mother's age when you were born? (Choose One)

- \odot Less than 20 \odot 35 to 39
- 20 to 24 40 to 44
- \odot 25 to 29 \odot 45 or older
- \bigcirc 30 to 34 \bigcirc Unknown
- 16. How many of each of the following blood relatives (do not count half sisters or half brothers) do/did you have? (PLEASE INCLUDE ANY DECEASED)

Sisters	\bigcirc 0	O 1	O 2	○ 3	○ 4	\odot 5 or more
Brothers	\bigcirc 0	O 1	O 2	○ 3	○ 4	\odot 5 or more
Daughters	\bigcirc 0	O 1	O 2	O 3	○ 4	\odot 5 or more
Sons	\bigcirc 0	O 1	O 2	O 3	○ 4	\odot 5 or more

17. Were any of your blood relatives ever diagnosed with cancer? (BLOOD RELATIVES INCLUDE MOTHER, FATHER, SISTERS, BROTHERS, CHILDREN. DO NOT INCLUDE SKIN CANCER UNLESS IT WAS MELANOMA.) (Choose One)

○ No relatives diagnosed with cancer (GO TO QUESTION 18)

 \odot Yes, at least one relative diagnosed with cancer (COMPLETE THE TABLE BELOW. IF YOU HAVE MORE THAN FIVE RELATIVES DIAGNOSED WITH CANCER, PLEASE INCLUDE A SEPARATE PAGE WITH THIS INFORMATION.)

FOR EACH ROW, MARK ONE RELATIVE WHO HAD CANCER	What type(s) of cancer did he/she have? (MARK ALL THAT APPLY)		At what age was with first cancer	s he/she diagnosed ??	
○ Mother	⊖ Breast	\bigcirc Lymphoma	\bigcirc Leukemia	\bigcirc Less than 40	○ 70 to 79
○ Father	○ Prostate	\bigcirc Colorectal	\bigcirc Other	○ 40 to 49	\bigcirc Age 80 or greater
○ Sister/Brother	⊖ Lung	\bigcirc Endometrial		\odot 50 to 59	○ Don't know
○ Daughter/Son	\bigcirc Ovarian	\bigcirc Bladder	\bigcirc Don't know	○ 60 to 69	
○ Mother	○ Breast	\bigcirc Lymphoma	\bigcirc Leukemia	O Less than 40	○ 70 to 79
○ Father	○ Prostate	\bigcirc Colorectal	\bigcirc Other	○ 40 to 49	\bigcirc Age 80 or greater
○ Sister/Brother	⊖ Lung	\bigcirc Endometrial		○ 50 to 59	\bigcirc Don't know
○ Daughter/Son	\bigcirc Ovarian	⊖ Bladder	\bigcirc Don't know	○ 60 to 69	
○ Mother	⊖ Breast	\bigcirc Lymphoma	\bigcirc Leukemia	O Less than 40	○ 70 to 79
○ Father	○ Prostate	\bigcirc Colorectal	\bigcirc Other	○ 40 to 49	\bigcirc Age 80 or greater
○ Sister/Brother	⊖ Lung	\bigcirc Endometrial		○ 50 to 59	○ Don't know
○ Daughter/Son	○ Ovarian	\bigcirc Bladder	○ Don't know	○ 60 to 69	
○ Mother	○ Breast	\bigcirc Lymphoma	\bigcirc Leukemia	O Less than 40	○ 70 to 79
○ Father	○ Prostate	\bigcirc Colorectal	\bigcirc Other	○ 40 to 49	\bigcirc Age 80 or greater
○ Sister/Brother	⊖ Lung	\bigcirc Endometrial		○ 50 to 59	○ Don't know
○ Daughter/Son	○ Ovarian	⊖ Bladder	○ Don't know	○ 60 to 69	
○ Mother	○ Breast	\bigcirc Lymphoma	\bigcirc Leukemia	O Less than 40	○ 70 to 79
⊖ Father	○ Prostate	\bigcirc Colorectal	\bigcirc Other	○ 40 to 49	\bigcirc Age 80 or greater
○ Sister/Brother	⊖ Lung	\bigcirc Endometrial		○ 50 to 59	\bigcirc Don't know
⊖ Daughter/Son	\bigcirc Ovarian	○ Bladder	○ Don't know	○ 60 to 69	

HEALTH HISTORY

18. Were you ever diagnosed with:

	[IF YES:] At what age were you first diagnosed?				
a.	A stroke?	⊖ Yes	\odot Less than 50	○ 60 to 69	
		○ No	\odot 50 to 59	\bigcirc 70 or older	
b.	A heart attack?	⊖ Yes	\odot Less than 50	○ 60 to 69	
		○ No	\odot 50 to 59	\bigcirc 70 or older	
C.	High cholesterol?	⊖ Yes	\odot Less than 50	○ 60 to 69	
		○ No	\odot 50 to 59	\bigcirc 70 or older	
d.	High blood	⊖ Yes	\odot Less than 50	○ 60 to 69	
	pressure?	○ No	\odot 50 to 59	\bigcirc 70 or older	
e.	Diabetes?	⊖ Yes	\odot Less than 50	○ 60 to 69	
		○ No	\odot 50 to 59	\bigcirc 70 or older	
f.	Osteoporosis?	⊖ Yes	\odot Less than 50	○ 60 to 69	
		○ No	\odot 50 to 59	\bigcirc 70 or older	
g.	Asthma?	⊖ Yes	\odot Less than 50	○ 60 to 69	
		○ No	\odot 50 to 59	\bigcirc 70 or older	
h.	Emphysema?	⊖ Yes	\odot Less than 50	○ 60 to 69	
		○ No	\odot 50 to 59	\bigcirc 70 or older	

 19. Were you ever diagnosed with arthritis? (Choose One) ○ Yes ○ No 	 [IF YES:] What type of arthritis? (Choose One) Rheumatoid Arthritis Osteoarthritis Not sure which type 	 [IF YES:] At what age were you first diagnosed with arthritis? (Choose One) Cless than 30 30 to 39 40 to 49 50 to 59 60 to 69
		○ 60 to 69
		\bigcirc 70 or older

20. After you were 40 years old, did you ever have a bone fracture or broken bone in any of the following parts of your body? (MARK ALL THAT APPLY)

 \bigcirc Hip

 \bigcirc Forearm or wrist

 \bigcirc Vertebra

 \bigcirc Any other bone

 \bigcirc No bones fractured or broken

QUESTIONS 21 TO 28 CONCERN MEDICATIONS (EITHER PRESCRIPTION OR OVER-THE-COUNTER) THAT ARE ANTI-INFLAMMATORY OR PAIN RELIEVERS.

- 21. During the last 12 months, about how often did you usually take aspirin (examples of aspirin include Bayer, Bufferin, Anacin, and baby aspirin? (Choose One)
 - \bigcirc None or less than 1 time per month
 - \bigcirc 1 to 3 times per month
 - \bigcirc 1 to 2 times per week
 - \bigcirc 3 to 6 times per week
 - \bigcirc 7 or more times per week
- 22. When you took aspirin, what strength or dose did you usually take? (Choose One)
 - $\bigcirc \, \mathrm{None}$
 - \bigcirc Adult strength (usually 325 mg)
 - \bigcirc Baby strength (usually 81 mg)
 - \bigcirc Some other strength
 - \bigcirc Don't know the strength
- 23. For how many years have you taken aspirin at least once a week? (Choose One)
 - \bigcirc None
 - \odot Less than 10 years
 - \odot 10 to 19 years
 - \odot 20 to 39 years
 - \bigcirc 40 or more years
- 24. During the last 12 months, about how often did you usually take acetaminophen (examples of acetaminophen include Tylenol and Panedol)? (Choose One)
 - \bigcirc None or less than 1 time per month
 - \bigcirc 1 to 3 times per month
 - \bigcirc 1 to 2 times per week
 - \bigcirc 3 to 6 times per week
 - \bigcirc 7 or more times per week
- 25. For how many years have you taken acetaminophen at least once per week? (Choose One)
 - \bigcirc None
 - \odot Less than 10 years
 - \odot 10 to 19 years
 - \odot 20 to 39 years
 - \bigcirc 40 or more years

- 26. Not including aspirin, during the last 12 months, did you take any of the following nonsteroidal antiinflammatory drugs (NSAIDs) at least once a week? (MARK ALL THAT APPLY)
 - \bigcirc Aleve
 - \bigcirc Advil
 - ⊖ Bextra
 - \bigcirc Celebrex
 - \bigcirc Indocin
 - Medipren
 - \bigcirc Motrin
 - \bigcirc Naprosyn
 - \bigcirc Nuprin
 - \bigcirc Vioxx
 - O Other _____
 - \bigcirc None of the NSAIDs
- 27. During the last 12 months, about how often did you usually take nonsteroidal anti-inflammatory drugs (NSAIDs)? (Choose One)
 - \bigcirc None or less than 1 time per month
 - \bigcirc 1 to 3 times per month
 - \bigcirc 1 to 2 times per week
 - \bigcirc 3 to 6 times per week
 - \bigcirc 7 or more times per week
- 28. For how many years have you taken NSAIDs at least once per week? (Choose One)
 - \bigcirc None
 - \bigcirc Less than 10 years
 - \bigcirc 10 to 19 years
 - \odot 20 to 39 years
 - \bigcirc 40 or more years

PHYSICAL ACTIVITY

The next few questions refer to your usual physical activities over the last 12 months. Work includes paid employment or volunteer work.

- 29. Think about your activities at work over the past 12 months. Which of the following choices best describes your usual activities at work?
 - Did not work during past 12 months
 - Mostly sitting with little walking
 - \bigcirc Mostly walking with some sitting
 - \bigcirc Mostly walking with some manual labor or exercise
 - O Mostly manual labor or exercise

- 30. Not including any time at work, think about your activities over the past 12 months. How often did you walk a mile or more at a time without stopping?
 - \bigcirc None or less than 1 time per month
 - \bigcirc 1 to 3 times per month
 - \bigcirc 1 to 2 times per week
 - \bigcirc 3 to 6 times per week
 - \bigcirc 7 or more times per week

31.	31. In the past 12 months did you:		[IF YES:] In the past 12 months, how often did you do this activity?	
a.	Jog or run outside or on a treadmill?	⊖ Yes	\bigcirc Less than 1 time/month	\bigcirc 3-6 times/week
	or on a treatmin!	⊖ No	○ 1-3 times/month	\bigcirc 7+ times/week
			○ 1-2 times/week	
b.	Ride a bicycle or an	○ Yes	O Less than 1 time/month	○ 3-6 times/week
	exercise bicycle?	⊖ No	○ 1-3 times/month	\bigcirc 7+ times/week
			○ 1-2 times/week	
C.	Swim?	⊖ Yes	\bigcirc Less than 1 time/month	\bigcirc 3-6 times/week
		○ No	○ 1-3 times/month	\bigcirc 7+ times/week
			○ 1-2 times/week	
d.	Do aerobics, water aerobics or aerobic	⊖ Yes	\bigcirc Less than 1 time/month	\bigcirc 3-6 times/week
	dancing?	○ No	○ 1-3 times/month	\bigcirc 7+ times/week
			○ 1-2 times/week	
e.	Do other dancing?	⊖ Yes	\bigcirc Less than 1 time/month	\bigcirc 3-6 times/week
		○ No	○ 1-3 times/month	\bigcirc 7+ times/week
			○ 1-2 times/week	
f.	Do calisthenics or exercise?	⊖ Yes	\bigcirc Less than 1 time/month	\bigcirc 3-6 times/week
	exercise :	○ No	○ 1-3 times/month	\bigcirc 7+ times/week
			○ 1-2 times/week	
g.	Garden or do yard work?	⊖ Yes	\bigcirc Less than 1 time/month	\bigcirc 3-6 times/week
	WOIK!	○ No	○ 1-3 times/month	\bigcirc 7+ times/week
			○ 1-2 times/week	
h.	Lift weights?	⊖ Yes	\bigcirc Less than 1 time/month	\bigcirc 3-6 times/week
		○ No	○ 1-3 times/month	\bigcirc 7+ times/week
			\odot 1-2 times/week	

- 32. Over the last 12 months, on average, how many days per week did you spend in any physical activity strenuous enough to work up a sweat or to increase your breathing and heart rate to very high levels? (Choose One)
 - \bigcirc None or less than 1 day per week
 - \bigcirc 2 to 3 days per week
 - \bigcirc 4 to 5 days per week
 - \bigcirc 6 to 7 days per week
- Over the last 12 months, on average, how long was each session of strenuous activity? (Choose One)
 - \bigcirc None or less than 15 minutes
 - \bigcirc 16 to 19 minutes
 - \odot 20 to 29 minutes
 - \odot 30 to 39 minutes
 - \bigcirc 40 minutes or more
- 34. Over the last 12 months, on average, how many days per week did you spend in any moderate physical activity where you worked up a light sweat or increased your breathing and heart rate to moderately high levels? (Choose One)
 - \bigcirc None or less than 1 day per week
 - \bigcirc 2 to 3 days per week
 - \bigcirc 4 to 5 days per week
 - \bigcirc 6 to 7 days per week
- 35. Over the last 12 months, on average, how long was each session of moderate activity? (Choose One)
 - \bigcirc None or less than 15 minutes
 - \bigcirc 16 to 19 minutes
 - \odot 20 to 29 minutes
 - \bigcirc 30 to 39 minutes
 - \bigcirc 40 minutes or more
- 36. Over the last 12 months, on average, how many hours per week did you spend doing light work around the house including preparing meals, cleaning, doing small repairs, washing dishes, etc.? (Choose One)
 - None or less than 1 hour per week
 - \bigcirc Around 1 hour per week
 - \bigcirc 2 to 3 hours per week
 - \bigcirc 4 to 5 hours per week
 - \bigcirc 6 to 7 hours per week
 - More than 7 hours per week

- 37. What is your usual walking pace? (Choose One)
 - \bigcirc Easy (less than 2 mph)
 - Normal, average (2 to 2.9 mph)
 - \bigcirc Brisk pace (3 to 3.9 mph)
 - \bigcirc Very brisk, striding (4 mph or faster)
 - \bigcirc Unable to walk
- 38. How many flights of stairs do you usually climb daily? (Choose One)
 - \bigcirc No flights
 - \bigcirc 1 to 2 flights
 - \bigcirc 3 to 4 flights
 - \bigcirc 5 to 9 flights
 - \bigcirc 10 flights of more
- 39. How often do you leave your home for shopping or other activities? (Choose One)
 - \bigcirc None or less than 1 time per week
 - \bigcirc 1 time per week
 - \bigcirc 2 to 4 times per week
 - \bigcirc 5 to 6 times per week
 - \bigcirc 7 or more times per week
- 40. Compared with yourself 10 years ago, are you now more active, less active, or about the same? (Choose One)
 - \bigcirc More active
 - \bigcirc Less active
 - \bigcirc About the same

TOBACCO SECTION

Now think about your smoking history.

- 41. Have you smoked at least 100 cigarettes in your entire life? (Choose One)
 - Yes (CONTINUE WITH QUESTION 42)
 - No (GO TO QUESTION 55)
- 42. How old were you when you first started smoking cigarettes fairly regularly? AGE STARTED SMOKING _____

OR

○ NEVER SMOKED REGULARLY

- 43. Over your lifetime, did you mainly smoke Ultra-light, Light, or Regular cigarettes? (Choose One) O Ultra-light
 - O Light or mild
 - O Regular or full-flavor
 - \bigcirc No usual type of cigarettes
- 44. Over your lifetime, did you mainly smoke menthol or non-menthol cigarettes? (Choose One)
 - \bigcirc Menthol
 - \bigcirc Non-menthol
 - \bigcirc No usual type of cigarettes
- 45. In the past 30 days, did you smoke cigarettes every day, some days, or not at all? (Choose One) O Every day (CONTINUE WITH QUESTION 46)
 - Some days (CONTINUE WITH QUESTION 46)
 - Not at all (GO TO QUESTION 52)
- 46. In the past 30 days, on days that you smoked, about how many cigarettes did you usually smoke each day? (Choose One)
 - \bigcirc 1 to 5 each day
 - \bigcirc 6 to under 1 pack each day
 - \bigcirc About 1 pack each day
 - \bigcirc About 1 ½ packs each day
 - \bigcirc About 2 packs each day
 - \bigcirc More than 2 packs each day
- 47. How soon after you wake up do you usually smoke your first cigarette of the day? (Choose One)
 - \bigcirc Within 5 minutes
 - \bigcirc 6 to 30 minutes
 - \bigcirc 31 to 60 minutes
 - \bigcirc More than 60 minutes
- 48. For each of the following statements mark if it is true for you.
 - True False "I have trouble going more than a few hours without smoking."
 - True False "Even in a bad rainstorm, if I ran out of cigarettes, I would probably go to the store to get more."
 - True False "When I go without smoking for a few hours, I experience craving."
 - True False "If I were in a public place where smoking was not allowed, I would probably go outside to smoke a cigarette, even in cold or rainy weather."

- 49. Are you considering quitting smoking during the next 6 months? (Choose One)
 - \bigcirc Yes, plan to stop within next 30 days
 - O Yes, plan to stop within next 6 months, but not within next 30 days
 - No, not thinking of quitting in next 6 months
- 50. In the past, have you ever made a serious attempt to quit smoking? That is, have you stopped smoking for at least one day or longer because you were trying to quit? (Choose One)
 - Yes (CONTINUE WITH QUESTION 51)
 - No (GO TO QUESTION 54)
- 51. What was the longest length of time you stopped smoking because you were trying to quit? (Choose One)
 - \bigcirc Less than 1 week
 - \bigcirc 1 to 3 weeks
 - \bigcirc 1 to 2 months
 - \bigcirc 3 to 11 months
 - \bigcirc 1 to 4 years
 - \bigcirc 5 to 9 years
 - \bigcirc 10 years or more
- 52. How old were you when you most recently quit smoking?

AGE STOPPED SMOKING _____

- 53. Thinking of the most recent time you quit smoking, did you use any of the following products (MARK EACH ONE THAT YOU USED)
 - Nicotine gum
 - Nicotine patch
 - O Nicotine nasal spray, inhaler, lozenge, or tablet
 - Prescription pill such as Zyban, Buproprion, or Wellbutrin
 - \bigcirc None of these
- 54. During the past 12 months did any doctor, dentist, nurse, or any other health professional advise you to quit smoking? (Choose One)
 - \bigcirc Yes
 - \bigcirc No, was not advised to quit
 - \bigcirc No, did not see a health professional in past 12 months
 - \bigcirc No, did not smoke in past 12 months

Now think about your exposure to other peoples' smoke.

- 55. Before you were 18, did you ever live with someone who smoked cigarettes in the home on a regular basis? (Choose One)
 - \bigcirc Yes, during most of your childhood
 - \bigcirc Yes, during some of your childhood
 - \bigcirc No, not at all
- 56. As an adult (AFTER you turned 18), did you ever live with someone who smoked cigarettes in the home on a regular basis? (Choose One)
 - \bigcirc Yes, during most of your adult life
 - \bigcirc Yes, during some of your adult life
 - \bigcirc No, not at all
- 57. As an adult (AFTER you turned 18), did you ever work indoors with someone who smoked cigarettes in your work area on a regular basis? (Choose One)
 - \bigcirc Yes, during most of your work experience
 - \bigcirc Yes, during some of your work experience
 - \bigcirc No, not at all
- 58. How often do you worry about getting lung cancer? Would you say: (Choose One)
 - \bigcirc Rarely or never
 - \bigcirc Sometimes
 - Often
 - \bigcirc All of the time
- 59. Compared to others your age who currently smoke, what do you think are your chances of being diagnosed with lung cancer during your lifetime? Are you: (Choose One)
 - \bigcirc at much less risk
 - \bigcirc at less risk
 - \bigcirc at the same risk
 - O at higher risk
 - \bigcirc at much higher risk

QUESTIONS 60 TO 73 ARE FOR WOMEN ONLY. MEN PLEASE GO TO QUESTION 74.

WOMEN ONLY

- 60. During any of your pregnancies, were you carrying more than one baby (twins, triplets, etc.)? (Choose One)
 - \bigcirc Yes
 - \bigcirc No
 - O Never pregnant

- 61. In your lifetime, how many total months have you breast-fed? (Choose One)
 - \bigcirc None or never pregnant
 - \bigcirc Less than 6 months
 - \bigcirc 6 to 11 months
 - \bigcirc 12 to 35 months
 - \bigcirc 36 months or more
- 62. When did you have your last Pap smear? (Choose One)
 - $\bigcirc \, \mathrm{Never}$
 - \bigcirc Less than 1 year ago
 - \bigcirc 2 to 3 years ago
 - \bigcirc 4 or more years ago
- 63. When did you have your last mammogram? (Choose One)
 - $\bigcirc \, \mathrm{Never}$
 - \bigcirc Less than 1 year ago
 - \bigcirc 1 year ago
 - \bigcirc 2 to 3 years ago
 - \bigcirc 4 or more years ago

64.	Did vou ever take an	v of the following med	lications to strengthen	vour bones or for	any other reason?
• • •		., ee .ee			

Dic	l you ever take:		[IF EVER TOOK:] Are you taking this medication now?
a.	Nolvadex (Tamoxifen)?	⊖ Yes	⊖ Yes
		○ No	○ No
b.	Evista (Raloxifene)?	⊖ Yes	⊖ Yes
		○ No	⊖ No
C.	Fosamax (Alendronate)?	○ Yes	⊖ Yes
		○ No	○ No
d.	Actonel (Risendronate)?	⊖ Yes	⊖ Yes
		○ No	⊖ No
e.	Miacalcin (Calcitonin)?	⊖ Yes	⊖ Yes
		○ No	○ No
f.	Didronel (Etidronate)?	⊖ Yes	⊖ Yes
		○ No	○ No
g.	Forteo (Teriparatide)?	⊖ Yes	⊖ Yes
		○ No	⊖ No
h.	Boniva (Ibandronate)?	○ Yes	⊖ Yes
		⊖ No	○ No

 65. Did you ever have a breast biopsy? ○ Yes ○ No 	 [IF YES:] How many have you had? 1 2 3 or more 	 [IF YES:] At what age was your most recent one? Less than 30 30 to 39 40 to 49 50 to 59 60 to 69 70 or older
 66. Have you ever had an ovary removed? ○ Yes ○ No 	 [IF YES:] How many ovaries have been removed? O Both ovaries One ovary One ovary O Partial removal of an ovary Not sure 	 [IF YES:] At what age was your most recent ovary removal? Less than 40 40 to 44 45 to 49 50 to 54 55 to 59 60 to 69 70 to 79 80 or older
 67. Have you ever had a hysterectomy, that is, have you had your uterus or womb removed? ○ Yes ○ No 	[IF YES:] At what age was your hysterectomy? Less than 40 40 to 44 45 to 49 50 to 54 55 to 59 60 to 69 70 to 79 80 or older 	

Sometimes women take female hormones, such as estrogen or progestin during or after menopause. The next few questions ask about your use of such hormones, often called hormone replacement therapy or HRT.

- 68. Have you ever taken HRT? (Choose One)
 - Yes (CONTINUE WITH QUESTION 69)
 - \bigcirc No (END. THANK YOU FOR COMPLETING THE QUESTIONNAIRE)

69. At about what age did you first begin taking HRT?

AGE FIRST TOOK HRT _____

70. What type of HRT did you take when you first began HRT? (Choose One)

○ Estrogen pills only (such as Premarin, Estrace, Estratab, Menest, Orthoest, Ogen, Gynodiol, Cenestin, or Alora)

○ Progesterone/progestin pills only (such as Provera, Amen, Cycrin, Megace, Curretab, Prometrium, or Aygestin)

○ Estrogen and progesterone/progestin in the <u>same</u> pill (such as Prempro or Premphase) or in different pills

- \bigcirc Estrogen creams, shots, or patches
- \bigcirc Progesterone/progestin creams, shots, or patches
- \bigcirc Estrogen and progesterone/progestin creams, shots, or patches
- Not sure

71. Are you still taking this type of HRT, or did you stop, or switch types? (Choose One)

- Still taking this type of HRT (END. THANK YOU FOR COMPLETING THE QUESTIONNAIRE)
- \bigcirc Stopped taking this type of HRT
 - At what age did you Stop ______ (END. THANK YOU FOR COMPLETING THIS QUESTIONNAIRE)
- Switched taking this type of HRT
 At what age did you Switch _____

72. When you switched, what type of HRT did you switch to? (Choose One)

- \bigcirc Estrogen pills only
- \bigcirc Progesterone/progestin pills only
- O Estrogen and progesterone/progestin in the same pill or in different pills
- \bigcirc Estrogen creams, shots, or patches
- Progesterone/progestin creams, shots, or patches
- \bigcirc Estrogen and progesterone/progestin creams, shots, or patches
- \bigcirc Not sure
- 73. Are you still taking this type of HRT? (Choose One)
 - \bigcirc Yes
 - \bigcirc No

WOMEN END. THANK YOU FOR COMPLETING THE QUESTIONNAIRE

MEN ONLY

74. What was your hair pattern at age 45? (Choose One)



- 75. During a typical night in the last 12 months, how many times did you wake up to urinate? (Choose One)
 - \bigcirc Never \bigcirc 3 times
 - \bigcirc Once \bigcirc 4 or more times
 - \bigcirc 2 times
- 76. How old were you when you first began waking up to urinate more than once a night on a regular basis?
 - \bigcirc Never woke up to urinate more than once a night
 - \bigcirc Less than 30
 - \bigcirc 30 to 39
 - \bigcirc 40 to 49
 - \bigcirc 50 to 59
 - \bigcirc 60 to 69
 - \bigcirc 70 or older
- 77. Has a doctor ever told you that you had an enlarged prostate or benign prostatic hypertrophy (BPH)? (Choose One)
 - Yes (CONTINUE WITH QUESTION 78)
 - No (END. THANK YOU FOR COMPLETING THE QUESTIONNAIRE)
- 78. How old were you when a doctor first told you that you had this problem? (Choose One)
 - \odot Less than 30
 - \bigcirc 30 to 39
 - \bigcirc 40 to 49
 - \bigcirc 50 to 59
 - \bigcirc 60 to 69
 - \bigcirc 70 or older

MEN END. THANK YOU FOR COMPLETING THE QUESTIONNAIRE