

ACT24 Activity Classification Variable

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ACT24 Activity Classification Variable

The variable activity_classification provides a description of an activity performed by the participant. It includes the information from the category, activity, activity_posture, and activity_details variables, combined into a single variable. The structure of the activity_classification variable, and the formats for each component, are as follows.

Variable structure

8 digits – #####

Digits 1-2 – Category

Digits 3-5 – Activity

Digit 6 – Posture

Digits 7-8 – Other details

Category component

- 11 = Caring for or playing with others
- 12 = Church or spiritual pursuits
- 13 = Communicating with others
- 14 = Exercise; sports; active recreation
- 15 = Home and auto maintenance or repair
- 16 = Household chores
- 17 = Lawn and garden
- 18 = Leisure; relaxation; social activities
- 19 = Occupation; working for pay
- 20 = Personal care
- 21 = Shopping; errands; and appointments
- 22 = Sleeping or Napping
- 23 = Transportation; commuting; or travel
- 24 = Education
- 98 = Miscellaneous
- 99 = GAP

Activity component

- 001 = Child care (dress; bath; feed)
- 002 = Caring for children
- 003 = Play with children (sit or stand)
- 004 = Play with children (walk or run)
- 005 = Sitting or reclining with child
- 006 = Watching children play
- 007 = Sunday school
- 010 = Elder care (dress; bath; feed)

020 = Pet care (feed; let outside; groom)
021 = Play with animals (sit or stand)
022 = Play with animals (walk or run)
023 = Walking the dog
024 = Horse; saddling horse; grooming horse
030 = Horseback riding
031 = Polo; on horseback
040 = Attending service
041 = Meditating
042 = Praying
043 = Devotions
050 = Sing; play in choir
060 = Computer or electronic games
061 = Playing computer or electronic games
062 = Using computer (email; web)
063 = Sitting: desk or computer work
064 = Computer use, other or unspecified
065 = Pay bills; finance (desk work)
066 = Online shopping
070 = Talking with others (in-person)
071 = Socializing with others
072 = Socializing with others (church or spiritual pursuits)
073 = Using phone (talk; text; email)
074 = Reading mail
075 = Getting the mail
080 = Public speaking
081 = Ushering/greeting
090 = Aerobic dance or water aerobics
091 = Aerobic dance or water aerobics zumba
100 = Football
101 = Basketball
102 = Baseball
103 = Softball
104 = Soccer
105 = Other ball game
106 = Cricket batting; bowling
107 = Field hockey
108 = Ice hockey
109 = Frisbee
110 = Volleyball; competitive games or on sand/beach beach volleyball
120 = Tennis
121 = Racquetball
122 = Squash
123 = Pickle ball

124 = Table tennis ping pong
130 = Bicycling or exercise bike
131 = Bicycling bike; cycling; biking; BMX
132 = Spinning class bike; cycling; biking
133 = Stationary bicycling bike; cycling; biking
134 = Bicycling
135 = Bicycling for transportation
140 = Golf
141 = Hitting golf balls driving range
142 = Hitting golf balls
150 = Cardio machines
151 = Elliptical trainer
152 = Rowing machine concept 2 rowing machine
160 = Weight lifting or calisthenics
161 = Weight lifting or calisthenics push-ups; sit-ups; pull-ups; jumping jacks; squats; lunges; calf raises; dips; crunches
162 = Weight lifting weight machines; power lifting; strength training; lifting; pumping iron
163 = Circuit training weight machines; nautilus; life fitness; universal
164 = Circuit training
165 = Curves circuit training program
166 = Pilates
167 = Yoga
168 = Tai chi
170 = Martial arts
180 = Boxing punching bag; sparring
190 = Running or jogging
191 = Walking for exercise
192 = Walking for pleasure; or strolling
193 = Treadmill, unspecified if walking or jogging
194 = Walking: longer distances
195 = Walking for transportation
196 = Walking (to car; between stores)
197 = Standing: much walking in work area
198 = Standing: some walking in work area
200 = Standing: mostly in place
210 = Stretching or flexibility exercises
211 = Back exercises stretching
212 = Back exercises
220 = Swimming
221 = Swimming lap swimming; open water swimming; pool

230 = Archery (not hunting) bow and arrow
240 = Backpacking hiking; camping
241 = Hiking; cross country

242 = Hiking; cross country mountaineering; day hiking
243 = Orienteering geocaching
250 = Cross country skiing (outdoors)
251 = Downhill skiing
252 = Water skiing (only active periods)
260 = Ice skating
261 = Roller skating in-line skating; roller-blades; roller-blading
270 = Canoeing or rowing a boat paddling
271 = Rowing for exercise or in competition rowing crew; sculling; canoe
272 = Kayaking
273 = Whitewater rafting
280 = Sailing; boat and board sailing windsurfing; ice sailing; board sailing; kiteboarding
281 = Boating; power boat
290 = Gymnastics tumbling; floor exercises; trampoline
300 = Sledding; tobogganing; bobsledding; luge tobogganing; bobsledding; luge
301 = Snow shoeing
302 = Snowmobiling
310 = Bowling ten pin; duckpin bowling
311 = Shuffleboard; lawn bowling bocce
320 = Pitching horseshoes; quoits pitching washers
330 = Billiards playing pool; eight ball; snooker
340 = Children's games hopscotch; 4-square; four square; dodge ball; tetherball; marbles; jacks; tag; freeze tag
350 = Track and field; running events (steeplechase; hurdles) steeplechase; hurdles; sprints; relays
351 = Track and field jumping
360 = Fencing
370 = Juggling
380 = Bird watching
390 = Coaching sports team
400 = Target shooting skeet shooting; trap shooting
410 = Climbing stairs
420 = Rehab Exercises
421 = Exercise, unspecified
430 = Auto repair
431 = Bicycle repairs
432 = Boat or trailer maintenance
433 = Small engine repairs
434 = Fueling the car
435 = Wash car or boat
440 = Exterior work on house
441 = Lawn/pool repairs
442 = Household repairs
443 = Painting (not arts and crafts)

444 = Interior remodeling
445 = Interior decorating
446 = Take down/put up decorations
450 = Snow and ice removal
451 = Sweep sidewalk; garage; or deck
452 = Rake leaves or grass
453 = Mow lawn
454 = Use weed eater; blower; or edger
455 = Pick up lawn (debris; toys; tools)
460 = Assembling equipment
470 = Carrying heavy items
471 = Moving heavy household items
472 = Carrying or moving heavy objects
480 = Clean floors (vacuum; mop; sweep)
481 = Cleaning (not floors)
482 = Cleaning; repair; and maintenance
483 = Pick-up or straighten up house
484 = Laundry; put clothes away
485 = Wash dishes or clear table
486 = Making the bed
490 = Food preparation and serving
491 = Food preparation; serving; clean up (church or spiritual pursuits)
500 = Canning or bottling food
501 = Making wine or beer
510 = Unload and put away groceries
511 = Loading/unloading (non-groceries)
512 = Packing or unpacking
520 = Farm Chores
530 = Pest control
540 = Starting or tending a fire, wood stove, or furnace
550 = Writing
560 = Multiple household chores
570 = Planting plants
571 = Reseeding the lawn
572 = Water lawn or garden
573 = Mulching
574 = Digging or shoveling
575 = Tilling soil
576 = Trimming or pruning plants
577 = Weeding garden or lawn
578 = Covering plants
579 = Pick vegetables; fruit; or flowers
580 = Gardening, task unspecified
590 = Stack or chop wood

591 = Trim and haul branches
600 = Arts and crafts; hobbies
610 = Dancing
620 = Playing games
621 = Crosswords and puzzles
630 = Watching TV; movies; DVDs
640 = Going to movies
641 = Cultural or sporting events
642 = Attending a fair/amusement park/museum
650 = Fishing or hunting
651 = Gathering shellfish
660 = Eating out
661 = Eating a meal or snack
662 = Combination of reading and eating/drinking
670 = Reading (books; papers; magazines)
680 = Listening to music, radio, etc.
690 = Beach activities
691 = Tanning/sunbathing
692 = Relaxing in the Jacuzzi
700 = Ballooning
701 = Piloting aircraft
710 = Firearm maintenance
720 = Photography
730 = Using telescope
740 = Gambling
750 = Smoking
760 = Sex
770 = Sitting quietly
771 = Sitting: attend meeting
772 = Attending meetings (church or spiritual pursuits)
773 = Sitting: other work
780 = Volunteer work
781 = Firefighting work
790 = Hard manual labor
800 = Dressing or undressing
801 = Going to the bathroom
802 = Showering or bathing
803 = Grooming activities
804 = Sorting/taking medication
805 = Caring for personal injury
810 = Food shopping
811 = Other shopping (not for food)
812 = Library
813 = Personal services

814 = Banking or financial services
815 = Medical or dental appointments
820 = Voting
830 = Sleeping; or in bed
831 = Taking a Nap
840 = Driving or riding in car or truck
841= Sitting: driving or riding in a vehicle (occupation)
842 = Driving and sitting
843 = Motorcycle or motor scooter
844 = Public transportation (bus; train)
850 = Waiting for transportation; or ride
851 = Waiting (in line or for others)
860 = Educational pursuits
990 = Cannot Remember
991 = Private
992 = Text indicated no or unclear activities

Posture component

0 = Not specified
1 = Sitting
2 = Standing
3 = Sitting and standing

Other Details Component

00 = None specified
01 = Aerobic dance
02 = Low impact aerobics
03 = Step aerobics
04 = Water aerobics
05 = Competitive game
06 = Playing catch
07 = Practice
08 = Elliptical machine
09 = Other machine
10 = Rowing machine
11 = Ski machine
12 = Playing, not using golf cart
13 = Playing, using golf cart
14 = Doubles
15 = Singles
16 = Swimming a distance in open water
17 = Swimming a distance, swimming laps in a pool

- 18 = Swimming for recreation
- 19 = Calisthenics
- 20 = Calisthenics and lifting weights
- 21 = Lifting weights
- 22 = Used broom
- 23 = Used shovel
- 24 = Used broom and shovel
- 25 = Used other tool
- 26 = Used push snow blower
- 27 = Used push snow blower and shovel
- 28 = Used push snow blower, shovel, and broom
- 29 = Used riding snow blower
- 30 = Used riding mower
- 31 = Used push mower
- 32 = Fast paced dancing
- 33 = Slow paced dancing
- 34 = Fast and slow paced dancing
- 35 = Fishing
- 36 = Hunting