

Healthy Lifestyle DQX: Data Dictionary

TABLE OF CONTENTS

Document Summary.....	2
Healthy Lifestyle DQX: Data Dictionary	3
Section 1: Identifiers	3
Section 2: Entry	4
Section 3: Healthy Lifestyle Score.....	5

Document Summary

Property	Value
Document Title	Healthy Lifestyle DQX: Data Dictionary
Date Created	10/09/2024
Sections	3
Entries	13
Document Filename	dictionary_healthy_lifestyle_dqx-20241001.rtf

Healthy Lifestyle DQX: Data Dictionary

Section 1: Identifiers

Variable	Label	Description	Format Text
plco_id	PLCO ID		Char

Section 2: Entry

Variable	Label	Description	Format Text
entryage_dqx	DQX Analysis Entry Age	Age at DQX analysis entry.	Numeric .F="No Form"
entrydays_dqx	DQX Analysis Entry Days	Days from the date of randomization until participant has been randomized and completed the BQ and DQX.	Numeric .F="No Form"

Section 3: Healthy Lifestyle Score

Variable	Label	Description	Format Text
hl_score_dqx	DQX Healthy Lifestyle Score	The DQX standardized healthy lifestyle score, which ranges from 0 to 7. A higher score reflects greater adherence to the 2018 WCRF/AICR Cancer Prevention Recommendations. The seven components of the score are: BMI, physical activity, fruit/vegetables/fiber consumption, ultra-processed food consumption, red and processed meat consumption, sugar-sweetened drink consumption, and alcohol consumption.	Numeric .M="Missing"
activity_points_dqx	Physical activity points	The physical activity component of the DQX healthy lifestyle score.	Numeric .M="Missing"
alc_points_dqx	Alcohol points	The alcohol component of the DQX healthy lifestyle score.	Numeric .M="Missing"
bmi_points_dqx	BMI points	The BMI component of the DQX healthy lifestyle score.	Numeric .M="Missing"
fiber_points_dqx	Fiber points	Fiber points is a subcomponent of fruit/vegetable/fiber points	Numeric .M="Missing"
fruitveg_fiber_points_dqx	Fruit/vegetable/fiber points	The fruit/vegetable/fiber component of the DQX healthy lifestyle score.	Numeric .M="Missing"
fruitveg_points_dqx	Fruit/vegetable points	Fruit/vegetable points is a subcomponent of fruit/vegetable/fiber points	Numeric .M="Missing"
meat_points_dqx	Red and processed meat points	The red and processed meat component of the DQX healthy lifestyle score.	Numeric .M="Missing"
ssd_points_dqx	Sugar-sweetened drink points	The sugar-sweetened drink component of the DQX healthy lifestyle score.	Numeric .M="Missing"
upf_points_healthy lifestyle_dqx	Ultra-Processed Food Score (Healthy Lifestyle)	The ultra-processed food component of the DQX healthy lifestyle score. This excludes red meat, processed meat, and sugar sweetened drinks, because those exist separately as components of the healthy lifestyle score.	Numeric .M="Missing"