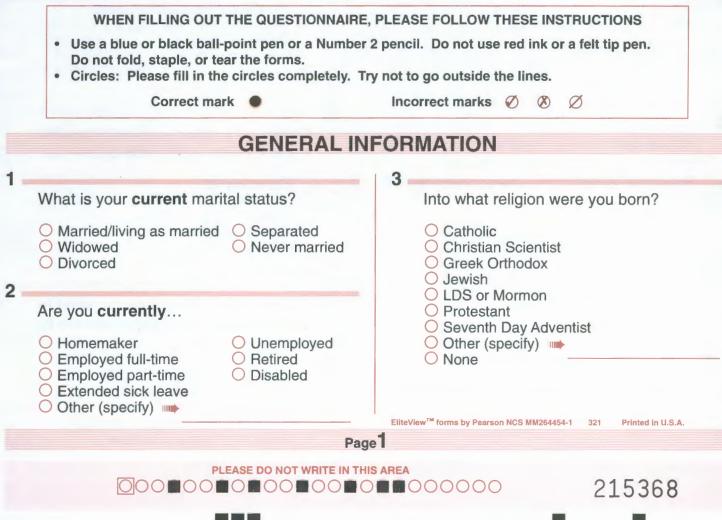
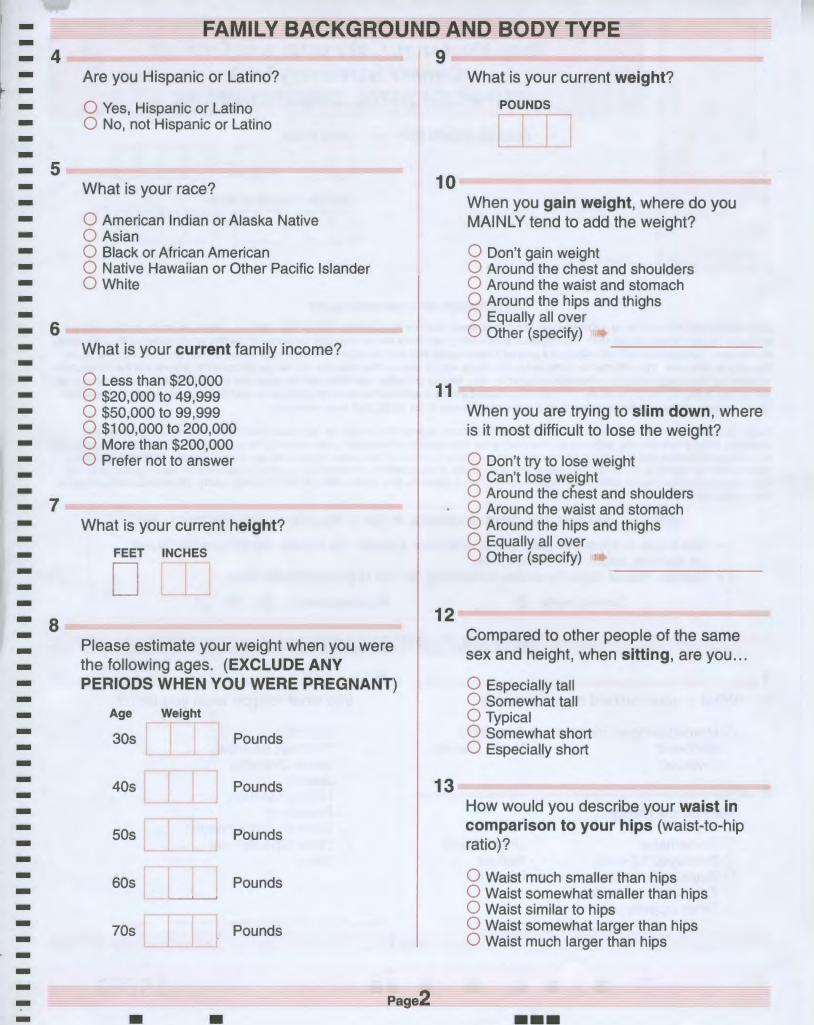
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#### STATEMENT OF CONFIDENTIALITY

Collection of this information is authorized by The Public Health Service Act, Section 412 (42 USC 285 a-1). Rights of study participants are protected by the Privacy Act of 1974. Participation is voluntary, and there are no penalties for not participating or withdrawing from the study at any time. Participation will not influence a person's relationship with any provider of medical care or any federal program such as Social Security or Medicare. The information collected in this study will be kept confidential and will not be disclosed to anyone but the researchers conducting this study, except as otherwise required by law. Names and other identifiers will be separated from information provided and will not appear in any report of the study. Information provided will be combined for all study participants and reported as statistical summaries. Study records will be kept for approximately 2 years past the end of the study, and then destroyed.

Public reporting burden for this collection of information is estimated to average 30 minutes per response, including time for reviewing instructions, searching existing data sources, gathering and maintaining the data needed, and completing and reviewing the collection of information. An agency may not conduct or sponsor, and a person is not required to respond to, a collection of information unless it displays a currently valid OMB control number. Send comments regarding this burden estimate or any other aspect of this collection of information, including suggestions for reducing this burden to: NIH, Project Clearance Branch, 6705 Rockledge Drive, MSC 7974, Bethesda, MD 20892-7974, ATTN: PRA (0925-0407). Do not return the completed form to this address.





4			15		
	our father's a	age when you we	re What	t was your <b>mother's</b> born?	s age when you
<ul> <li>○ Less than</li> <li>○ 20 to 29</li> <li>○ 30 to 39</li> <li>○ 40 to 49</li> </ul>	Ō	50 to 59 60 to 69 70 or older Unknown	O 20 O 25	to 24 C to 29 C	35 to 39 40 to 44 45 or older Unknown
How many o			relatives (do not NY DECEASED)	count half sisters or	half brothers)
a. 5	Sisters	00 01	02 03	○ 4 ○ 5 or m	ore
b. E	Brothers	00 01	02 03	○ 4 ○ 5 or m	ore
c. E	aughters	00 01	02 03	○ 4 ○ 5 or m	ore
d. S	Sons	00 01	02 03	○ 4 ○ 5 or m	ore
(BLOOD R	ELATIVES IN	CLUDE MOTHE	nosed with cance R, FATHER, SIST ESS IT WAS MEL	ERS, BROTHERS,	CHILDREN.
O No relativ O Yes, at lea	ast one relative MOI INC	e diagnosed with ca RE THAN FIVE RE	LATIVES DIAGNO	THE TABLE BELOV SED WITH CANCER IS INFORMATION.)	V. IF YOU HAVE R, PLEASE
MARK ONE RELATIVE WHO HAD CANCER	What t	ype(s) of cancer ( (MARK ALL THA		15	ge was he/she with first cancer?
<ul> <li>Mother</li> <li>Father</li> <li>Sister/Brother</li> <li>Daughter/Son</li> </ul>	O Breast O Prostate O Lung O Ovarian	<ul> <li>Lymphoma</li> <li>Colorectal</li> <li>Endometrial</li> <li>Bladder</li> </ul>	<ul> <li>Leukemia</li> <li>Other</li> <li>Don't know</li> </ul>	O Less than 40 O 40 to 49 O 50 to 59 O 60 to 69	<ul> <li>70 to 79</li> <li>Age 80 or greater</li> <li>Don't know</li> </ul>
<ul> <li>Mother</li> <li>Father</li> <li>Sister/Brother</li> <li>Daughter/Son</li> </ul>	O Breast O Prostate O Lung O Ovarian	<ul> <li>Lymphoma</li> <li>Colorectal</li> <li>Endometrial</li> <li>Bladder</li> </ul>	<ul><li>Leukemia</li><li>Other</li><li>Don't know</li></ul>	O Less than 40 O 40 to 49 O 50 to 59 O 60 to 69	<ul> <li>70 to 79</li> <li>Age 80 or greater</li> <li>Don't know</li> </ul>
O Mother O Father O Sister/Brother O Daughter/Son	O Breast O Prostate O Lung O Ovarian	<ul> <li>Lymphoma</li> <li>Colorectal</li> <li>Endometrial</li> <li>Bladder</li> </ul>	O Leukemia O Other O Don't know	O Less than 40 O 40 to 49 O 50 to 59 O 60 to 69	O 70 to 79 O Age 80 or greater O Don't know
<ul> <li>Mother</li> <li>Father</li> <li>Sister/Brother</li> <li>Daughter/Son</li> </ul>	O Breast O Prostate O Lung O Ovarian	<ul> <li>Lymphoma</li> <li>Colorectal</li> <li>Endometrial</li> <li>Bladder</li> </ul>	<ul><li>Leukemia</li><li>Other</li><li>Don't know</li></ul>	O Less than 40 O 40 to 49 O 50 to 59 O 60 to 69	<ul> <li>70 to 79</li> <li>Age 80 or greater</li> <li>Don't know</li> </ul>
<ul> <li>Mother</li> <li>Father</li> <li>Sister/Brother</li> <li>Daughter/Son</li> </ul>	O Breast O Prostate O Lung O Ovarian	<ul> <li>Lymphoma</li> <li>Colorectal</li> <li>Endometrial</li> <li>Bladder</li> </ul>	<ul> <li>Leukemia</li> <li>Other</li> <li>Don't know</li> </ul>	O Less than 40 O 40 to 49 O 50 to 59 O 60 to 69	<ul> <li>70 to 79</li> <li>Age 80 or greater</li> <li>Don't know</li> </ul>
			Page3		
				-	

# **HEALTH HISTORY**

Were you ever diagnosed	I with:	[IF YES:] At what first diag	
a. A stroke?	O Yes ⊯ O No	<ul> <li>Less than 50</li> <li>50 to 59</li> </ul>	<ul> <li>○ 60 to 69</li> <li>○ 70 or older</li> </ul>
b. A heart attack?	O Yes ➠ ○ No	<ul> <li>Less than 50</li> <li>50 to 59</li> </ul>	<ul> <li>○ 60 to 69</li> <li>○ 70 or older</li> </ul>
c. High cholesterol?	O Yes ⊯ O No	O Less than 50 O 50 to 59	0 60 to 69 70 or older
d. High blood pressure	? O Yes Internet Yes	<ul> <li>○ Less than 50</li> <li>○ 50 to 59</li> </ul>	<ul> <li>60 to 69</li> <li>70 or older</li> </ul>
e. Diabetes?	○ Yes ➠ ○ No	O Less than 50 O 50 to 59	<ul> <li>60 to 69</li> <li>70 or older</li> </ul>
f. Osteoporosis?	O Yes ⊯ O No	O Less than 50 O 50 to 59	<ul> <li>60 to 69</li> <li>70 or older</li> </ul>
g. Asthma?	O Yes Ⅲ ○ No	O Less than 50 O 50 to 59	<ul> <li>○ 60 to 69</li> <li>○ 70 or older</li> </ul>
h. Emphysema?	○ Yes ➠ ○ No	O Less than 50 O 50 to 59	<ul> <li>○ 60 to 69</li> <li>○ 70 or older</li> </ul>
Were you ever diagnosed with:	[IF YES:] What type of arthritis?	you	what age were first diagnosed arthritis?
Arthritis? O Yes	<ul> <li>Rheumatoid Arthritis</li> <li>Osteoarthritis</li> <li>Not sure which type</li> </ul>	O 30 to 39	0 0 50 to 59 0 60 to 69 0 70 or olde

After you were 40 years old, did you ever have a bone fracture or broken bone in any of the following parts of your body? (MARK ALL THAT APPLY)

O Hip

-

-

-

-

- O Forearm or wrist
- O Vertebra
- Any other bone
   No bones fractured or broken

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QUESTIONS 21 TO 28 CONCERN MEDICATIONS (EITHER PRESCRIPTION OR OVER-THE-COUNTER) THAT ARE ANTI-INFLAMMATORY OR PAIN RELIEVERS.

21

During the last 12 months, about how often did you usually take **aspirin** (examples of aspirin include Bayer, Bufferin, Anacin, and baby aspirin)?

O None or less than 1 time per month

- O 1 to 3 times per month
- O 1 to 2 times per week
- O 3 to 6 times per week
- 7 or more times per week
- 22

When you took **aspirin**, what strength or dose did you usually take?

- O None
- Adult strength (usually 325mg)
- O Baby strength (usually 81mg)
- O Some other strength
- O don't know the strength

23

For how many years have you taken **aspirin** at least once per week?

- O None
- O Less than 10 years
- O 10 to 19 years
- O 20 to 39 years
- O 40 or more years

24

During the last 12 months, about how often did you usually take **acetaminophen** (examples of acetaminophen include Tylenol and Panedol)?

- O None or less than 1 time per month
- O 1 to 3 times per month
- O 1 to 2 times per week
- O 3 to 6 times per week
- O 7 or more times per week

25

For how many years have you taken acetaminophen at least once per week?

- O None
- O Less than 10 years
- 0 10 to 19 years
- O 20 to 39 years
- O 40 or more years

#### 26

Not including aspirin, during the last 12 months, did you take any of the following **nonsteroidal anti-inflammatory drugs** (NSAIDs) at least once a week? (MARK ALL THAT APPLY)

\_

\_

- Aleve
  Advil
  Bextra
  Celebrex
  Indocin
  Medipren
  Motrin
  Naprosyn
  Nuprin
  Vioxx
  Other mathematical structure
- O None of the NSAIDs

27

During the last 12 months, about how often did you usually take **nonsteroidal anti-inflammatory drugs** (NSAIDs)?

- O None or less than 1 time per month
- 1 to 3 times per month
- O 1 to 2 times per week
- O 3 to 6 times per week
- 7 or more times per week

28

For how many years have you taken **NSAIDs** at least once per week?

None
Less than 10 years
10 to 19 years
20 to 39 years
40 or more years

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## **PHYSICAL ACTIVITY**

The next few questions refer to your usual physical activities over the last 12 months. Work includes paid employment or volunteer work.

29		-	30
20	Think about your activities <b>at work</b> or <b>past 12 months</b> . Which of the follow choices best describes your usual act at work?	wing	Not including any time at work, think about your activities over the past 12 months. How often did you walk a mile or more at a time without stopping?
	<ul> <li>Did not work during past 12 months</li> <li>Mostly sitting with little walking</li> <li>Mostly walking with some sitting</li> <li>Mostly walking with some manual late or exercise</li> <li>Mostly manual labor or exercise</li> </ul>	por	<ul> <li>None or less than 1 time per month</li> <li>1 to 3 times per month</li> <li>1 to 2 times per week</li> <li>3 to 6 times per week</li> <li>7 or more times per week</li> </ul>
01			
31	In the past 12 months did you:		[IF YES:] In the past 12 months, how often did you do this activity?
	a. Jog or run outside or on a treadmill?	O Yes ⊯ O No	<ul> <li>Less than 1 time/month</li> <li>1-3 times/month</li> <li>3-6 times/week</li> <li>1-2 times/week</li> <li>7+ times/week</li> </ul>
	b. Ride a bicycle or an exercise bicycle?	O Yes	<ul> <li>Less than 1 time/month</li> <li>1-3 times/month</li> <li>3-6 times/week</li> <li>1-2 times/week</li> <li>7+ times/week</li> </ul>
	c. Swim?	O Yes ➡ O No	<ul> <li>Less than 1 time/month</li> <li>1-3 times/month</li> <li>3-6 times/week</li> <li>7+ times/week</li> </ul>
	d. Do aerobics, water aerobics or aerobic dancing?	O Yes	<ul> <li>Less than 1 time/month</li> <li>1-3 times/month</li> <li>3-6 times/week</li> <li>1-2 times/week</li> <li>7+ times/week</li> </ul>
	e. Do other dancing?	O Yes	<ul> <li>Less than 1 time/month</li> <li>1-3 times/month</li> <li>3-6 times/week</li> <li>1-2 times/week</li> <li>7+ times/week</li> </ul>
	f. Do calisthenics or exercise?	O Yes ➠ O No	<ul> <li>Less than 1 time/month</li> <li>1-3 times/month</li> <li>3-6 times/week</li> <li>1-2 times/week</li> <li>7+ times/week</li> </ul>
	g. Garden or do yard work?	O Yes ⊯ O No	<ul> <li>Less than 1 time/month</li> <li>1-3 times/month</li> <li>3-6 times/week</li> <li>1-2 times/week</li> <li>7+ times/week</li> </ul>
	h. Lift weights?	O Yes ⊯ O No	<ul> <li>Less than 1 time/month</li> <li>1-3 times/month</li> <li>3-6 times/week</li> <li>1-2 times/week</li> <li>7+ times/week</li> </ul>

Over the last 12 months, on average, how many **days per week** did you spend in any physical activity **strenuous** enough to work up a sweat or to increase your breathing and heart rate to very high levels?

O None or less than 1 day per week

- O 2 to 3 days per week
- O 4 to 5 days per week
- 6 to 7 days per week

33

Over the last 12 months, on average, how long was each session of **strenuous** activity?

O None or less than 15 minutes

- O 16 to 19 minutes
- O 20 to 29 minutes
- O 30 to 39 minutes
- 40 minutes or more

34

Over the last 12 months, on average, how many **days per week** did you spend in any **moderate** physical activity where you worked up a light sweat or increased your breathing and heart rate to moderately higher levels?

- O None or less than 1 day per week
- 2 to 3 days per week
- 4 to 5 days per week
- O 6 to 7 days per week

35

Over the last 12 months, on average, how long was each session of **moderate** activity?

- O None or less than 15 minutes
- O 16 to 19 minutes
- O 20 to 29 minutes
- O 30 to 39 minutes
- 40 minutes or more

36

Over the past 12 months, on average, how many **hours per week** did you spend doing **light work** around the house including preparing meals, cleaning, doing small repairs, washing dishes, etc.?

- O None or less than 1 hour per week
- Around 1 hour per week
- O 2 to 3 hours per week
- 0 4 to 5 hours per week
- O 6 to 7 hours per week
- O More than 7 hours per week

37

What is your usual walking pace?

- O Easy (less than 2 mph)
- O Normal, average (2 to 2.9 mph)
- O Brisk pace (3 to 3.9 mph)
- Very brisk, striding (4 mph or faster)
- O Unable to walk

38 -

How many **flights of stairs** do you usually climb daily?

O No flights

- O 1 to 2 flights
- O 3 to 4 flights
- 5 to 9 flights
- O 10 flights or more

39

How often do you leave your home for shopping or other activities?

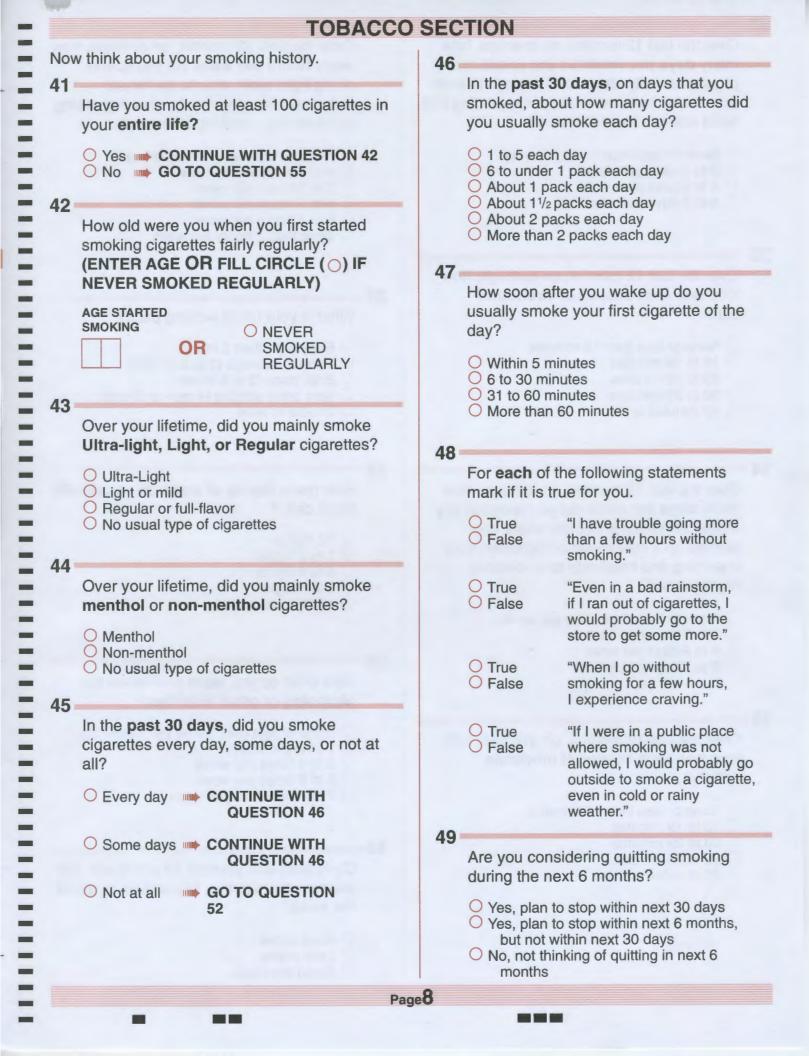
- O None or less than 1 time per week
- O 1 time per week
- O 2 to 4 times per week
- 5 to 6 times per week
- 7 or more times per week

40

Compared with yourself 10 years ago, are you now more active, less active, or about the same? 

- O More active
- O Less active
- O About the same

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50			think about your exposure to other
	In the past, have you ever made a serious	peo	ples' smoke.
	attempt to quit smoking? That is, have you stopped smoking for at least one day or longer because you were trying to quit?	55	Before you were 18, did you ever live with someone who smoked cigarettes in
	<ul> <li>○ Yes ➡ CONTINUE WITH QUESTION 51</li> <li>○ No ➡ GO TO QUESTION 54</li> </ul>		the home on a regular basis?
51			<ul> <li>Yes, during most of your childhood</li> <li>Yes, during some of your childhood</li> <li>No, not at all</li> </ul>
	What was the longest length of time you stopped smoking because you were trying to	56	
	Quit? O Less than 1 week O 1 to 3 weeks		As an adult (AFTER you turned 18), did you ever live with someone who smoked cigarettes in the home on a regular basis?
	<ul> <li>1 to 2 months</li> <li>3 to 11 months</li> <li>1 to 4 years</li> <li>5 to 9 years</li> <li>10 years or more</li> </ul>		<ul> <li>Yes, during most of your adult life</li> <li>Yes, during some of your adult life</li> <li>No, not at all</li> </ul>
52		57	
52	How old were you when you most recently quit smoking?		As an adult (AFTER you turned 18), did you ever work indoors with someone who smoked cigarettes in your work area on a
	AGE STOPPED SMOKING		regular basis?
			<ul> <li>Yes, during most of your work experience</li> <li>Yes, during some of your work experience</li> </ul>
53	Thinking of the most recent time you quit		O No, not at all
	smoking, did you use any of the following	58	
	products? (MARK EACH ONE THAT YOU USED)		How often do you worry about getting lung cancer? Would you say:
	O Nicotine gum		O Rarely or never
	<ul> <li>Nicotine patch</li> <li>Nicotine nasal spray, inhaler, lozenge,</li> </ul>	1	O Sometimes O Often
	or tablet		O All of the time
	O Prescription pill such as Zyban, Buproprion, or Wellbutrin		
	O None of these	59	
EA		1	Compared to others your age who
54	During the past 12 months did any doctor,		currently smoke, what do you think are your chances of being <b>diagnosed</b> with
	dentist, nurse, or any other health		lung cancer during your lifetime?
	professional advise you to quit smoking?		Are you:
	O Yes		O at much less risk
	O No, was not advised to quit		Q at less risk
	O No, did not see a health professional in past 12 months		O at the same risk O at higher risk
	No, did not smoke in past 12 months		O at much higher risk
	Page	.9	

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QUESTIONS 60 TO 73 ARE FOR WOMEN ONLY. MEN PLEASE GO TO QUESTION 74.

WOMEN ONLY

60 -	During any of your pregnancies, were carrying <b>more than one baby (</b> twins, etc.)? O Yes O No O Never pregnant		62	When did you have your <b>last Pa</b> Never Less than 1 year ago 1 year ago 2 to 3 years ago 4 or more years ago	ap smear
61 -	In your lifetime, how many total month you breast-fed? O None or never pregnant O Less than 6 months O 6 to 11 months O 12 to 35 months O 36 months or more	hs have	63	When did you have your last mammogram? O Never O Less than 1 year ago O 1 year ago O 2 to 3 years ago O 4 or more years ago	
64	Did you <b>ever</b> take any of the followir to strengthen your bones or for any Did you <b>ever</b> take:	-		[IF EVER TOOK:] Are you taking this medication now?	
	a. Nolvadex (Tamoxifen)?	O Yes O No		O Yes O No	
	b. Evista (Raloxifene)?	O Yes O No		O Yes O No	
	c. Fosamax (Alendronate)?	O Yes O No		O Yes O No	
	d. Actonel (Risendronate)?	O Yes O No		O Yes O No	
	e. Miacalcin (Calcitonin)?	O Yes O No		O Yes O No	
	f. Didronel (Etidronate)?	O Yes O No		O Yes O No	
	g. Forteo (Teriparatide)?	O Yes O No		O Yes O No	
	h. Boniva (Ibandronate)?	O Yes O No		O Yes O No	

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Page 10

65	Did you ever have a breast biopsy?	[IF YES:] How many have you had?	[IF YES:] At wh most recent	
	O Yes	0 1 0 2 0 3 or more	<ul> <li>Less than 30</li> <li>30 to 39</li> <li>40 to 49</li> </ul>	<ul> <li>50 to 59</li> <li>60 to 69</li> <li>70 or older</li> </ul>
66	Have you ever had an ovary removed?	[IF YES:] How many ovaries have been removed?	[IF YES:] At what age was your most recent ovary removal?	
	O Yes IIII	<ul> <li>Both ovaries</li> <li>One ovary</li> <li>Partial removal of an ovary</li> <li>Not sure</li> </ul>	<ul> <li>Less than 40</li> <li>40 to 44</li> <li>45 to 49</li> <li>50 to 54</li> </ul>	<ul> <li>55 to 59</li> <li>60 to 69</li> <li>70 to 79</li> <li>80 or older</li> </ul>
67	Have you ever had a <b>hys</b> had your uterus or womb	[IF YES:] At what age was your hysterectomy?		
	O Yes Internet No		<ul> <li>Less than 40</li> <li>40 to 44</li> <li>45 to 49</li> <li>50 to 54</li> </ul>	<ul> <li>55 to 59</li> <li>60 to 69</li> <li>70 to 79</li> <li>80 or older</li> </ul>

At about what age did you first begin taking HRT?

### AGE FIRST TOOK HRT

- Aygestin)
- Estrogen and progesterone/progestin in the <u>same</u> pill (such as Prempro or Premphase) or in different pills

\_

-

- Estrogen creams, shots, or patches
- O Progesterone/progestin creams, shots, or patches

Estrogen and progesterone/progestin creams, shots, or patches

O Not sure

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