# IDATA - 4 Day Food Record Individual Foods Data Dictionary

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# Document Summary

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| Document Title | IDATA - 4 Day Food Record Individual Foods: Data Dictionary |
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# IDATA - 4 Day Food Record Individual Foods: Data Dictionary
## Section 1: Identifiers

| Variable | Label | Description | Format Text |
|---|---|---|---|
| **build** | Build Date | Build Date | SAS Date |
| **iid** | IDATA ID | IDATA ID | Char |

# Section 2: Form Data

| Variable | Label | Description | Format Text |
|---|---|---|---|
| **fdfr_batch_n** | Batch Number | Batch Number | Char |
| **fdfr_cai_box_num** | CAI Box Number | CAI Box Number | Numeric<br>.V="Not in Form Version" |
| **fdfr_combo_code** | Combination Code | Combination Code | .M="Missing"<br>0="No Combination"<br>1="Beverage with Additions"<br>2="Cereal with Additions"<br>3="Bread/Baked Producst with Additions"<br>4="Salad"<br>5="Sandwiches"<br>6="Soup"<br>7="Frozen Meal"<br>8="Ice Cream/Frozen Yogurt with Additions"<br>9="Vegetables with Additions"<br>10="Fruit with Additions"<br>11="Tortilla Products"<br>12="Meat, Poultry, Fish"<br>14="Chips"<br>99="Other Mixtures" |
| **fdfr_combo_seq** | Combination Sequence Number | Combination Sequence Number | Numeric<br>.M="Missing" |
| **fdfr_day_in_admin** | Day Number in Admin | Day Number in Administration, 1-4 | Numeric |
| **fdfr_description** | FNDDS Food Code Description | FNDDS Food Code Description | Char |
| **fdfr_dimension_1** | Dimension 1 (in) | Dimension 1, Measured in Inches | Numeric |
| **fdfr_dimension_2** | Dimension 2 (in) | Dimension 2, Measured in Inches | Numeric |
| **fdfr_dimension_3** | Dimension 3 (in) | Dimension 3, Measured in Inches | Numeric |
| **fdfr_food_at_home** | Food Eaten in Home? | Food Eaten in Home? | Numeric<br>.M="Missing"<br>1="Yes"<br>2="No"<br>7="Not Applicable" |
| **fdfr_foodcode** | Food Code (FNDDS) | FNDDS Food Code | Numeric |
| **fdfr_gramwt_desc** | Gram Weight Description Number | Gram Weight Description Number | Numeric |
| **fdfr_gramwt_range** | Gram Weight Range Flag | Gram Weight Range Flag | Numeric<br>0="Portion Within Portion Weight Range (Age/Gender Specific)"<br>2="Portion Exceeds Portion Weight Range (Age/Gender Specific)"<br>9="Portion Gram Weight Range Cannot be Determined" |
| **fdfr_how_many** | How Many? | How Many? | Numeric<br>.N="Not Applicable" |
| **fdfr_intake_date** | Date of Food Intake | Date of Food Intake | SAS Date |

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| Variable | Label | Description | Format Text |
|---|---|---|---|
| **fdfr_line_num** | Line Number | Line Numbers Range from 1 - 53 | Numeric |
| **fdfr_measure** | Measure | Measure | Char<br>" "="Missing"<br>"C"="Cup"<br>"C1"="1 Inch Diameter Circle"<br>"CP"="Cup"<br>"FO"="Fluid Ounce"<br>"GAL"="Gallon"<br>"GM"="Grams"<br>"L"="Liter"<br>"LB"="Pounds"<br>"M1"="1 Teaspoon"<br>"PT"="Pint"<br>"QT"="Quart"<br>"RC"="Ruler Circle"<br>"RG"="Rectangle Grid"<br>"RR"="Ruler Rectangle"<br>"RT"="Ruler Triange"<br>"RW"="Ruler Wedge"<br>"TB"="Tablespoon"<br>"TS"="Teaspoon"<br>"W"="Wedge"<br>"WO"="Weight Ounce"<br>"cp"="Cup" |
| **fdfr_mod_description** | FNDDS Mod Code Description | FNDDS Mod Code Description | Char<br>" "="Missing" |
| **fdfr_modcode** | Mod code (FNDDS) | FNDDS Mod Code | Numeric |
| **fdfr_model** | Model Letter | Model Letter | Char<br>" "="Missing"<br>"D"="1/10 Circle"<br>"E"="1/7 Circle" |
| **fdfr_occ** | Name of Eating Occasion | Name of Eating Occasion | Numeric<br>.M="Missing"<br>1="Breakfast"<br>2="Brunch"<br>3="Lunch"<br>4="Dinner"<br>5="Supper"<br>6="Snack"<br>7="Just a Drink" |
| **fdfr_por_size_g** | Portion Size (g) | Portion Size (g) | Numeric |
| **fdfr_record_num** | Admin Number | Admin Number<br><br>Participants were expected in months 3 and 9 for Study Groups 1 and 3.<br>Participants were expected in months 4 and 10 for Study Groups 2 and 4. | Numeric |
| **fdfr_subcode** | Subcode For Portion (FNDDS) | FNDDS Portion Subcode | Numeric |
| **fdfr_time** | Time Food was Eaten | Time Food was Eaten | Numeric<br>.M="Missing" |

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| Variable | Label | Description | Format Text |
|---|---|---|---|
| **fdfr_where_obtained** | Where Obtained? | Where Obtained? | Numeric<br>.M="Missing"<br>1="Store"<br>2="Restaurant with Waiter/Waitress"<br>4="Bar/Tavern/Lounge"<br>5="Restaurant no additional info"<br>97="Not Applicable"<br>98="Don't Know"<br>99="Refused" |
| **fdfr_old_record_num** | Delivered Admin Number | Delivered Record Number, replaced by fdfr_record_num | Numeric<br>.V="Not in Form Version" |

# Section 3: Nutrient Data

| Variable | Label | Description | Format Text |
|---|---|---|---|
| **fdfr_alcohol** | Alcohol (g) | Alcohol (g) | Numeric<br>.N="Not Applicable" |
| **fdfr_caffeine** | Caffeine (mg) | Caffeine (mg) | Numeric<br>.N="Not Applicable" |
| **fdfr_calcium** | Calcium (mg) | Calcium (mg) | Numeric<br>.N="Not Applicable" |
| **fdfr_carbohydrate** | Carbohydrate (g) | Carbohydrate (g) | Numeric<br>.N="Not Applicable" |
| **fdfr_carotene_alpha** | Carotene, Alpha (mcg) | Carotene, Alpha (mcg) | Numeric<br>.N="Not Applicable" |
| **fdfr_carotene_beta** | Carotene, Beta (mcg) | Carotene, Beta (mcg) | Numeric<br>.N="Not Applicable" |
| **fdfr_cholesterol** | Cholesterol (mg) | Cholesterol (mg) | Numeric<br>.N="Not Applicable" |
| **fdfr_choline** | Choline, Total | Choline, Total | Numeric<br>.N="Not Applicable" |
| **fdfr_copper** | Copper (mg) | Copper (mg) | Numeric<br>.N="Not Applicable" |
| **fdfr_cryptoxanthin** | Cryptoxanthin, Beta (mcg) | Cryptoxanthin, Beta (mcg) | Numeric<br>.N="Not Applicable" |
| **fdfr_dietary_fiber** | Fiber, Total Dietary (g) | Fiber, Total Dietary (g) | Numeric<br>.N="Not Applicable" |
| **fdfr_energy** | Energy (kcal) | Energy (kcal) | Numeric<br>.N="Not Applicable" |
| **fdfr_folate** | Folate, Total (mcg) | Folate, Total (mcg) | Numeric<br>.N="Not Applicable" |
| **fdfr_folatedfe** | Folate, DFE (mcg_DFE) | Folate, DFE (mcg_DFE) | Numeric<br>.N="Not Applicable" |
| **fdfr_folatefood** | Folate, Food (mcg) | Folate, Food (mcg) | Numeric<br>.N="Not Applicable" |
| **fdfr_folicacid** | Folic Acid (mcg) | Folic Acid (mcg) | Numeric<br>.N="Not Applicable" |
| **fdfr_iron** | Iron (mg) | Iron (mg) | Numeric<br>.N="Not Applicable" |
| **fdfr_luteinzeaxanthin** | Lutein + Zeaxanthin (mcg) | Lutein + Zeaxanthin (mcg) | Numeric<br>.N="Not Applicable" |
| **fdfr_lycopene** | Lycopene (mcg) | Lycopene (mcg) | Numeric<br>.N="Not Applicable" |
| **fdfr_magnesium** | Magnesium (mg) | Magnesium (mg) | Numeric<br>.N="Not Applicable" |
| **fdfr_monounsatfat** | Fatty Acids, Total Monounsaturated (g) | Fatty Acids, Total Monounsaturated (g) | Numeric<br>.N="Not Applicable" |

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|---|---|---|---|
| **fdfr_n10_0** | 10:0 (g) | 10:0 (g) | Numeric<br>.N="Not Applicable" |
| **fdfr_n12_0** | 12:0 (g) | 12:0 (g) | Numeric<br>.N="Not Applicable" |
| **fdfr_n14_0** | 14:0 (g) | 14:0 (g) | Numeric<br>.N="Not Applicable" |
| **fdfr_n16_0** | 16:0 (g) | 16:0 (g) | Numeric<br>.N="Not Applicable" |
| **fdfr_n16_1** | 16:1 (g) | 16:1 (g) | Numeric<br>.N="Not Applicable" |
| **fdfr_n18_0** | 18:0 (g) | 18:0 (g) | Numeric<br>.N="Not Applicable" |
| **fdfr_n18_1** | 18:1 (g) | 18:1 (g) | Numeric<br>.N="Not Applicable" |
| **fdfr_n18_2** | 18:2 (g) | 18:2 (g) | Numeric<br>.N="Not Applicable" |
| **fdfr_n18_3** | 18:3 (g) | 18:3 (g) | Numeric<br>.N="Not Applicable" |
| **fdfr_n18_4** | 18:4 (g) | 18:4 (g) | Numeric<br>.N="Not Applicable" |
| **fdfr_n20_1** | 20:1 (g) | 20:1 (g) | Numeric<br>.N="Not Applicable" |
| **fdfr_n20_4** | 20:4 (g) | 20:4 (g) | Numeric<br>.N="Not Applicable" |
| **fdfr_n20_5** | 20:5 N-3 (g) | 20:5 N-3 (g) | Numeric<br>.N="Not Applicable" |
| **fdfr_n22_1** | 22:1 (g) | 22:1 (g) | Numeric<br>.N="Not Applicable" |
| **fdfr_n22_5** | 22:5 N-3 (g) | 22:5 N-3 (g) | Numeric<br>.N="Not Applicable" |
| **fdfr_n22_6** | 22:6 N-3 (g) | 22:6 N-3 (g) | Numeric<br>.N="Not Applicable" |
| **fdfr_n4_0** | 4:0 (g) | 4:0 (g) | Numeric<br>.N="Not Applicable" |
| **fdfr_n6_0** | 6:0 (g) | 6:0 (g) | Numeric<br>.N="Not Applicable" |
| **fdfr_n8_0** | 8:0 (g) | 8:0 (g) | Numeric<br>.N="Not Applicable" |
| **fdfr_niacin** | Niacin (mg) | Niacin (mg) | Numeric<br>.N="Not Applicable" |
| **fdfr_phosphorus** | Phosphorus (mg) | Phosphorus (mg) | Numeric<br>.N="Not Applicable" |
| **fdfr_polyunsatfat** | Fatty Acids, Total Polyunsaturated (g) | Fatty Acids, Total Polyunsaturated (g) | Numeric<br>.N="Not Applicable" |
| **fdfr_potassium** | Potassium (mg) | Potassium (mg) | Numeric<br>.N="Not Applicable" |

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| Variable | Label | Description | Format Text |
|---|---|---|---|
| **fdfr_protein** | Protein (g) | Protein (g) | Numeric<br>.N="Not Applicable" |
| **fdfr_retinol** | Retinol (mcg) | Retinol (mcg) | Numeric<br>.N="Not Applicable" |
| **fdfr_riboflavin** | Riboflavin (mg) | Riboflavin (mg) | Numeric<br>.N="Not Applicable" |
| **fdfr_saturatedfat** | Fatty Acids, Total Saturated (g) | Fatty Acids, Total Saturated (g) | Numeric<br>.N="Not Applicable" |
| **fdfr_selenium** | Selenium (mcg) | Selenium (mcg) | Numeric<br>.N="Not Applicable" |
| **fdfr_sodium** | Sodium (mg) | Sodium (mg) | Numeric<br>.N="Not Applicable" |
| **fdfr_sugars** | Sugars, Total (g) | Sugars, Total (g) | Numeric<br>.N="Not Applicable" |
| **fdfr_theobromine** | Theobromine (mg) | Theobromine (mg) | Numeric<br>.N="Not Applicable" |
| **fdfr_thiamin** | Thiamin (mg) | Thiamin (mg) | Numeric<br>.N="Not Applicable" |
| **fdfr_tocopherolalpha** | Vitamin E, Alpha-Tocopherol (mg) | Vitamin E, Alpha-Tocopherol (mg) | Numeric<br>.N="Not Applicable" |
| **fdfr_totalfat** | Total Fat (g) | Total Fat (g) | Numeric<br>.N="Not Applicable" |
| **fdfr_vitamina** | Vitamin A, RAE (mcg_RAE) | Vitamin A, RAE (mcg_RAE) | Numeric<br>.N="Not Applicable" |
| **fdfr_vitaminb12** | Vitamin B-12 (mcg) | Vitamin B-12 (mcg) | Numeric<br>.N="Not Applicable" |
| **fdfr_vitaminb12_added** | Vitamin B-12, Added | Vitamin B-12, Added | Numeric<br>.N="Not Applicable" |
| **fdfr_vitaminb6** | Vitamin B-6 (mg) | Vitamin B-6 (mg) | Numeric<br>.N="Not Applicable" |
| **fdfr_vitaminc** | Vitamin C (mg) | Vitamin C (mg) | Numeric<br>.N="Not Applicable" |
| **fdfr_vitamind** | Vitamin D (D2 + D3) | Vitamin D (D2 + D3) | Numeric<br>.N="Not Applicable" |
| **fdfr_vitamine_added** | Vitamin E, Added (mg) | Vitamin E, Added (mg) | Numeric<br>.N="Not Applicable" |
| **fdfr_vitamink** | Vitamin K, Phylloquinone (mcg) | Vitamin K, Phylloquinone (mcg) | Numeric<br>.N="Not Applicable" |
| **fdfr_water** | Water (g) | Water (g) | Numeric<br>.N="Not Applicable" |
| **fdfr_zinc** | Zinc (mg) | Zinc (mg) | Numeric<br>.N="Not Applicable" |

# Section 4: Food Equivalents

| Variable | Label | Description | Format Text |
|---|---|---|---|
| **fdfr_a_drinks** | Alcoholic beverages and alcohol (ethanol) added to foods after cooking (no. of drinks) | Alcoholic beverages and alcohol (ethanol) added to foods after cooking (no. of drinks) | Numeric .N="Not Applicable" |
| **fdfr_add_sugars** | Foods defined as added sugars (tsp. eq.) | Foods defined as added sugars (tsp. eq.) | Numeric .N="Not Applicable" |
| **fdfr_d_cheese** | Cheeses (cup eq.) | Cheeses (cup eq.) | Numeric .N="Not Applicable" |
| **fdfr_d_milk** | Fluid milk, buttermilk, evaporated milk, dry milk, and calcium fortified soy milk (cup eq.) | Fluid milk, buttermilk, evaporated milk, dry milk, and calcium fortified soy milk (cup eq.) | Numeric .N="Not Applicable" |
| **fdfr_d_total** | Total milk, yogurt, cheese, whey. For some foods, the total dairy values could be higher than sum of D_MILK, D_YOGURT, and D_CHEESE because Misc dairy component composed of whey which is not included in FPED as separate variable. (cup eq.) | Total milk, yogurt, cheese, whey. For some foods, the total dairy values could be higher than sum of D_MILK, D_YOGURT, and D_CHEESE because Misc dairy component composed of whey which is not included in FPED as separate variable. (cup eq.) | Numeric .N="Not Applicable" |
| **fdfr_d_yogurt** | Yogurt (cup eq.) | Yogurt (cup eq.) | Numeric .N="Not Applicable" |
| **fdfr_f_citmlb** | Intact fruits (whole or cut) of citrus, melons, and berries (cup eq.) | Intact fruits (whole or cut) of citrus, melons, and berries (cup eq.) | Numeric .N="Not Applicable" |
| **fdfr_f_juice** | Fruit juices, citrus and non citrus (cup eq.) | Fruit juices, citrus and non citrus (cup eq.) | Numeric .N="Not Applicable" |
| **fdfr_f_other** | Intact fruits (whole or cut); excluding citrus, melons, and berries (cup eq.) | Intact fruits (whole or cut); excluding citrus, melons, and berries (cup eq.) | Numeric .N="Not Applicable" |
| **fdfr_f_total** | Total intact fruits (whole or cut) and fruit juices (cup eq.) | Total intact fruits (whole or cut) and fruit juices (cup eq.) | Numeric .N="Not Applicable" |
| **fdfr_g_refined** | Refined grains that do not contain all of the components of the entire grain kernel (oz. eq.) | Refined grains that do not contain all of the components of the entire grain kernel (oz. eq.) | Numeric .N="Not Applicable" |
| **fdfr_g_total** | Total whole and refined grains (oz. eq.) | Total whole and refined grains (oz. eq.) | Numeric .N="Not Applicable" |
| **fdfr_g_whole** | Grains defined as whole grains and contain the entire grain kernel, the bran, germ, and endosperm (oz. eq.) | Grains defined as whole grains and contain the entire grain kernel, the bran, germ, and endosperm (oz. eq.) | Numeric .N="Not Applicable" |

| Variable | Label | Description | Format Text |
|---|---|---|---|
| **fdfr_oils** | Fats naturally present in nuts, seeds, seafood; unhydrogenated vegetable oils, except palm oil, palm kernel oil, coconut oils; fat in avocado and olives above allowable amount; 50% of fat present in stick/tub margarines, margarine spreads (grams) | Fats naturally present in nuts, seeds, seafood; unhydrogenated vegetable oils, except palm oil, palm kernel oil, coconut oils; fat in avocado and olives above allowable amount; 50% of fat present in stick/tub margarines, margarine spreads (grams) | Numeric .N="Not Applicable" |
| **fdfr_pf_curedmeat** | Frankfurters, sausages, corned beef, and luncheon meat that are made from beef, pork, or poultry (oz. eq.) | Frankfurters, sausages, corned beef, and luncheon meat that are made from beef, pork, or poultry (oz. eq.) | Numeric .N="Not Applicable" |
| **fdfr_pf_eggs** | Eggs (chicken, duck, goose, quail) and egg substitutes (oz. eq.) | Eggs (chicken, duck, goose, quail) and egg substitutes (oz. eq.) | Numeric .N="Not Applicable" |
| **fdfr_pf_legumes** | Beans and Peas (legumes) computed as protein foods (oz. eq.) | Beans and Peas (legumes) computed as protein foods (oz. eq.) | Numeric .N="Not Applicable" |
| **fdfr_pf_meat** | Beef, veal, pork, lamb, and game meat; excludes organ meat and cured meat (oz. eq.) | Beef, veal, pork, lamb, and game meat; excludes organ meat and cured meat (oz. eq.) | Numeric .N="Not Applicable" |
| **fdfr_pf_mps_total** | Total of meat, poultry, seafood, organ meat, and cured meat (oz. eq.) | Total of meat, poultry, seafood, organ meat, and cured meat (oz. eq.) | Numeric .N="Not Applicable" |
| **fdfr_pf_nutsds** | Peanuts, tree nuts, and seeds; excludes coconut (oz. eq.) | Peanuts, tree nuts, and seeds; excludes coconut (oz. eq.) | Numeric .N="Not Applicable" |
| **fdfr_pf_organ** | Organ meat from beef, veal, pork, lamb, game, and poultry (oz. eq.) | Organ meat from beef, veal, pork, lamb, game, and poultry (oz. eq.) | Numeric .N="Not Applicable" |
| **fdfr_pf_poult** | Chicken, turkey, Cornish hens, duck, goose, quail, and pheasant (game birds); excludes organ meat and cured meat (oz. eq.) | Chicken, turkey, Cornish hens, duck, goose, quail, and pheasant (game birds); excludes organ meat and cured meat (oz. eq.) | Numeric .N="Not Applicable" |
| **fdfr_pf_seafd_hi** | Seafood (finfish, shellfish, and other seafood) high in n-3 fatty acids (oz. eq.) | Seafood (finfish, shellfish, and other seafood) high in n-3 fatty acids (oz. eq.) | Numeric .N="Not Applicable" |
| **fdfr_pf_seafd_low** | Seafood (finfish, shellfish, and other seafood) low in n-3 fatty acids (oz. eq.) | Seafood (finfish, shellfish, and other seafood) low in n-3 fatty acids (oz. eq.) | Numeric .N="Not Applicable" |
| **fdfr_pf_soy** | Soy products, excluding calcium fortified soy milk and immature soybeans (oz. eq.) | Soy products, excluding calcium fortified soy milk and immature soybeans (oz. eq.) | Numeric .N="Not Applicable" |
| **fdfr_pf_total** | Total meat, poultry, organ meat, cured meat, seafood, eggs, soy, and nuts and seeds; excludes legumes (oz. eq.) | Total meat, poultry, organ meat, cured meat, seafood, eggs, soy, and nuts and seeds; excludes legumes (oz. eq.) | Numeric .N="Not Applicable" |

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|---|---|---|---|
| **fdfr_solid_fats** | Fats naturally present in meat, poultry, eggs, dairy (lard, tallow, butter); hydrogenated/partially hydrogenated oils; shortening, palm, palm kernel, coconut oils; coconut meat, cocoa butter; 50% of fat in stick/tub margarines, margarine spreads (grams) | Fats naturally present in meat, poultry, eggs, dairy (lard, tallow, butter); hydrogenated/partially hydrogenated oils; shortening, palm, palm kernel, coconut oils; coconut meat, cocoa butter; 50% of fat in stick/tub margarines, margarine spreads (grams) | Numeric .N="Not Applicable" |
| **fdfr_v_drkgr** | Dark green vegetables (cup eq.) | Dark green vegetables (cup eq.) | Numeric .N="Not Applicable" |
| **fdfr_v_legumes** | Beans and peas (legumes) computed as vegetables (cup eq.) | Beans and peas (legumes) computed as vegetables (cup eq.) | Numeric .N="Not Applicable" |
| **fdfr_v_other** | Other vegetables not in the vegetable components listed above (cup eq.) | Other vegetables not in the vegetable components listed above (cup eq.) | Numeric .N="Not Applicable" |
| **fdfr_v_redor_other** | Other red and orange vegetables, excluding tomatoes and tomato products (cup eq.) | Other red and orange vegetables, excluding tomatoes and tomato products (cup eq.) | Numeric .N="Not Applicable" |
| **fdfr_v_redor_tomato** | Tomatoes and tomato products (cup eq.) | Tomatoes and tomato products (cup eq.) | Numeric .N="Not Applicable" |
| **fdfr_v_redor_total** | Total red and orange vegetables (tomatoes and tomato products + other red and orange vegetables)(cup eq.) | Total red and orange vegetables (tomatoes and tomato products + other red and orange vegetables)(cup eq.) | Numeric .N="Not Applicable" |
| **fdfr_v_starchy_other** | Other starchy vegetables, excluding white potatoes (cup eq.) | Other starchy vegetables, excluding white potatoes (cup eq.) | Numeric .N="Not Applicable" |
| **fdfr_v_starchy_potato** | White potatoes (cup eq.) | White potatoes (cup eq.) | Numeric .N="Not Applicable" |
| **fdfr_v_starchy_total** | Total starchy vegetables (white potatoes + other starchy vegetables) (cup eq.) | Total starchy vegetables (white potatoes + other starchy vegetables) (cup eq.) | Numeric .N="Not Applicable" |
| **fdfr_v_total** | Total dark green, red and orange, starchy, and other vegetables; excludes legumes (cup eq.) | Total dark green, red and orange, starchy, and other vegetables; excludes legumes (cup eq.) | Numeric .N="Not Applicable" |