Healthy Lifestyle DHQ: Data Dictionary

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Document Summary

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Date Created	10/09/2024
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Document Filename	dictionary_healthy_lifestyle_dhq-20241001.rtf

Healthy Lifestyle DHQ: Data Dictionary
Section 1: Identifiers

Variable	Label	Description	Format Text
plco_id	PLCO ID		Char

Section 2: Entry

Variable	Label	Description	Format Text
entryage_sqx	SQX Analysis Entry Age	Age at SQX analysis entry.	Numeric .F="No Form"
entrydays_sqx	SQX Analysis Entry Days	Days from the date of randomization until the participant has been randomized and completed the BQ and SQX.	Numeric .F="No Form"

Section 3: Healthy Lifestyle Score

Variable	Label	Description	Format Text
hl_score_dhq	DHQ Healthy Lifestyle Score	The DHQ standardized healthy lifestyle score, which ranges from 0 to 7. A higher score reflects greater adherence to the 2018 WCRF/AICR Cancer Prevention Recommendations. The seven components of the score are: BMI, physical activity, fruit/vegetables/fiber consumption, ultra-processed food consumption, red and processed meat consumption, sugar-sweetened drink consumption, and alcohol consumption.	Numeric .M="Missing"
activity_points_dhq	Physical activity points	The physical activity component of the DHQ healthy lifestyle score. Data on physical activity was collected from the SQX.	Numeric .M="Missing"
alc_points_dhq	Alcohol points	The alcohol component of the DHQ healthy lifestyle score	Numeric .M="Missing"
bmi_points_dhq	BMI points	The BMI component of the DHQ healthy lifestyle score	Numeric .M="Missing"
fiber_points_dhq	Fiber points	Fiber points is a subcomponent of fruit/vegetable/fiber points	Numeric .M="Missing"
fruitveg_fiber_points_dhq	Fruit/vegetable/fiber points	The fruit/vegetable/fiber component of the DHQ healthy lifestyle score	Numeric .M="Missing"
fruitveg_points_dhq	Fruit/vegetable points	Fruit/vegetable points is a subcomponent of fruit/vegetable/fiber points	Numeric .M="Missing"
meat_points_dhq	Red and processed meat points	The red and processed meat component of the DHQ healthy lifestyle score	Numeric .M="Missing"
ssd_points_dhq	Sugar-sweetened drink points	The sugar-sweetened drinks component of the DHQ healthy lifestyle score	Numeric .M="Missing"
upf_points_healthylifestyle_dhq	Ultra-Processed Food Score (Healthy Lifestyle)	The ultra-processed food component of the DHQ healthy lifestyle score. This excludes red meat, processed meat, and sugar sweetened drinks, because those exist separately as components of the healthy lifestyle score.	Numeric .M="Missing"

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