

# IDATA - AARP: Data Dictionary

## TABLE OF CONTENTS

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|  |    |
|--|----|
| Document Summary.....                        | 2  |
| IDATA - AARP: Data Dictionary.....           | 3  |
| Section 1: Identifiers .....                 | 3  |
| Section 2: Compliance .....                  | 4  |
| Section 3: AARP MET-Hours Per Week Sum ..... | 5  |
| Section 4: AARP MET-Hours Per Week.....      | 7  |
| Section 5: AARP Duration - Weekly .....      | 9  |
| Section 6: AARP Duration - Daily .....       | 12 |
| Section 7: AARP Raw Duration - Weekly .....  | 13 |
| Section 8: AARP Raw Duration - Daily .....   | 17 |
| Section 9: AARP Questions 3 to 11 .....      | 18 |

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## Document Summary

| Property          | Value                         |
|-------------------|-------------------------------|
| Document Title    | IDATA - AARP: Data Dictionary |
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## IDATA - AARP: Data Dictionary

### Section 1: Identifiers

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| Variable     | Label      | Description | Format Text |
|--------------|------------|-------------|-------------|
| <b>build</b> | Build Date |             | SAS Date    |
| <b>iid</b>   | IDATA ID   |             | Char        |

## Section 2: Compliance

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| Variable               | Label                                   | Description   | Format Text                     |
|------------------------|---|---|---------------------------------|
| <b>aarp_count</b>      | Number Of AARP Questionnaires Completed | Number of AARP questionnaires completed.<br><br>Participants were expected to complete up to two AARP questionnaires, one during month three of the study, and another during month nine. | Numeric                         |
| <b>aarp_date1-2</b>    | AARP Date From Admin[X]                 |   | SAS Date<br>.N='Not applicable' |
| <b>has_admin1_aarp</b> | Has AARP From The 1st Administration    | Indicator for if the participant has AARP data from the 1st administration.<br><br>1st Admin AARP was expected during month three of the study.   | 0='No'<br>1='Yes'               |
| <b>has_admin2_aarp</b> | Has AARP From The 2nd Administration    | Indicator for if the participant has AARP data from the 2nd administration.<br><br>2nd Admin AARP was expected during month nine of the study.  | 0='No'<br>1='Yes'               |

## Section 3: AARP MET-Hours Per Week Sum

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| Variable                           | Label  | Description   | Format Text                    |
|------------------------------------|--|---|--------------------------------|
| <b>aarp_mets_sum_active_a1-2</b>   | Sum Energy Cost In MET-Hours Per Week For All Activities Categorized As Active | This variable sums the energy cost in MET-Hours per week for all activities categorized as active.<br><br>Activities categorized as active activities are listed in the user guide. | Numeric<br>.N='Not applicable' |
| <b>aarp_mets_sum_house_a1-2</b>    | Sum Energy Cost In MET-Hours Per Week For All Household Activities             | This variable sums the energy cost in MET-Hours per week for all household activities.<br><br>Activities categorized as household activities are listed in the user guide.          | Numeric<br>.N='Not applicable' |
| <b>aarp_mets_sum_lawn_a1-2</b>     | Sum Energy Cost In MET-Hours Per Week For All Lawn/Garden Activities           | This variable sums the energy cost in MET-Hours per week for all lawn/garden activities.<br><br>Activities categorized as lawn/garden activities are listed in the user guide.      | Numeric<br>.N='Not applicable' |
| <b>aarp_mets_sum_leisure_a1-2</b>  | Sum Energy Cost In MET-Hours Per Week For All Leisure Activities               | This variable sums the energy cost in MET-Hours per week for all leisure activities.<br><br>Activities categorized as leisure activities are listed in the user guide.              | Numeric<br>.N='Not applicable' |
| <b>aarp_mets_sum_light_a1-2</b>    | Sum Energy Cost In MET-Hours Per Week For All Light Activities                 | This variable sums the energy cost in MET-Hours per week for all light activities.<br><br>Activities categorized as light activities are listed in the user guide.                  | Numeric<br>.N='Not applicable' |
| <b>aarp_mets_sum_moderate_a1-2</b> | Sum Energy Cost In MET-Hours Per Week For All Moderate Activities              | This variable sums the energy cost in MET-Hours per week for all moderate activities.<br><br>Activities categorized as moderate activities are listed in the user guide.            | Numeric<br>.N='Not applicable' |

| Variable                        | Label   | Description  | Format Text                    |
|---------------------------------|---|--|--------------------------------|
| <b>aarp_mets_sum_total_a1-2</b> | Sum Energy Cost In MET-Hours Per Week For All Active And Sedentary Activities | This variable sums the energy cost in MET-Hours per week for all active and sedentary activities.  | Numeric<br>.N='Not applicable' |
| <b>aarp_mets_sum_vig_a1-2</b>   | Sum Energy Cost In MET-Hours Per Week For All Vigorous Activities             | This variable sums the energy cost in MET-Hours per week for all vigorous activities.<br><br>Activities categorized as vigorous activities are listed in the user guide. | Numeric<br>.N='Not applicable' |

## Section 4: AARP MET-Hours Per Week

| Variable                          | Label  | Description   | Format Text                    |
|-----------------------------------|--|---|--------------------------------|
| <b>aarp_adult_mets_a1-2</b>       | MET-Hours Per Week For Caring For Another Adult                    | MET-Hours per week for caring for another adult.<br><br>METS used: 4                      | Numeric<br>.N='Not applicable' |
| <b>aarp_bike_mets_a1-2</b>        | MET-Hours Per Week For Bicycling                                   | MET-Hours per week for bicycling.<br><br>METS used: 7.5                                   | Numeric<br>.N='Not applicable' |
| <b>aarp_child_mets_a1-2</b>       | MET-Hours Per Week For Caring For Children                         | MET-Hours per week for caring for children.<br><br>METS used: 3                           | Numeric<br>.N='Not applicable' |
| <b>aarp_drive_mets_a1-2</b>       | MET-Hours Per Week For Driving                                     | MET-Hours per week for driving.<br><br>METS used: 1.3                                     | Numeric<br>.N='Not applicable' |
| <b>aarp_golf_mets_a1-2</b>        | MET-Hours Per Week For Playing Golf                                | MET-Hours per week for playing golf.<br><br>METS used: 4.8                                | Numeric<br>.N='Not applicable' |
| <b>aarp_home_repair_mets_a1-2</b> | MET-Hours Per Week For Doing Home Repairs                          | MET-Hours per week for doing home repairs.<br><br>METS used: 4.5                          | Numeric<br>.N='Not applicable' |
| <b>aarp_jog_mets_a1-2</b>         | MET-Hours Per Week For Jogging Or Running                          | MET-Hours per week for jogging or running.<br><br>METS used: 7                            | Numeric<br>.N='Not applicable' |
| <b>aarp_lgt_house_mets_a1-2</b>   | MET-Hours Per Week For Doing Light Household Chores                | MET-Hours per week for doing light household chores.<br><br>METS used: 2.5                | Numeric<br>.N='Not applicable' |
| <b>aarp_mod_house_mets_a1-2</b>   | MET-Hours Per Week For Doing Moderate To Vigorous Household Chores | MET-Hours per week for doing moderate to vigorous household chores.<br><br>METS used: 3.5 | Numeric<br>.N='Not applicable' |
| <b>aarp_mod_out_mets_a1-2</b>     | MET-Hours Per Week For Doing Moderate Outdoor Chores               | MET-Hours per week for doing moderate outdoor chores.<br><br>METS used: 4                 | Numeric<br>.N='Not applicable' |

| Variable                          | Label   | Description  | Format Text                    |
|-----------------------------------|---|--|--------------------------------|
| <b>aarp_oth_aero_mets_a1-2</b>    | MET-Hours Per Week For Doing Other Aerobic Exercises          | MET-Hours per week for doing other aerobic exercises.<br><br>METS used: 7.3          | Numeric<br>.N='Not applicable' |
| <b>aarp_sit_oth_mets_a1-2</b>     | MET-Hours Per Week For Other Sitting                          | MET-Hours per week for other sitting.<br><br>METS used: 1.3                          | Numeric<br>.N='Not applicable' |
| <b>aarp_sit_tv_mets_a1-2</b>      | MET-Hours Per Week For Sitting To Watch Tv                    | MET-Hours per week for sitting to watch TV.<br><br>METS used: 1.3                    | Numeric<br>.N='Not applicable' |
| <b>aarp_sleep_mets_a1-2</b>       | MET-Hours Per Week For Sleeping                               | MET-Hours per week for sleeping.<br><br>METS used: 1.0                               | Numeric<br>.N='Not applicable' |
| <b>aarp_swim_mets_a1-2</b>        | MET-Hours Per Week For Swimming Laps                          | MET-Hours per week for swimming laps.<br><br>METS used: 8.3                          | Numeric<br>.N='Not applicable' |
| <b>aarp_tennis_mets_a1-2</b>      | MET-Hours Per Week For Playing Tennis, Squash, Or Racquetball | MET-Hours per week for playing tennis, squash, or racquetball.<br><br>METS used: 7.3 | Numeric<br>.N='Not applicable' |
| <b>aarp_vig_out_mets_a1-2</b>     | MET-Hours Per Week For Doing Vigorous Outdoor Chores          | MET-Hours per week for doing vigorous outdoor chores.<br><br>METS used: 6            | Numeric<br>.N='Not applicable' |
| <b>aarp_walk_ex_mets_a1-2</b>     | MET-Hours Per Week For Walking For Exercise                   | MET-Hours per week for walking for exercise.<br><br>METS used: 4.3                   | Numeric<br>.N='Not applicable' |
| <b>aarp_walk_oth_mets_a1-2</b>    | MET-Hours Per Week For Walking For Other Daily Activities     | MET-Hours per week for walking for other daily activities.<br><br>METS used: 2.5     | Numeric<br>.N='Not applicable' |
| <b>aarp_weight_lift_mets_a1-2</b> | MET-Hours Per Week For Weight Training Or Lifting             | MET-Hours per week for weight training or lifting.<br><br>METS used: 3.5             | Numeric<br>.N='Not applicable' |



## Section 5: AARP Duration - Weekly

| Variable                           | Label                                | Description  | Format Text                    |
|------------------------------------|--------------------------------------|--|--------------------------------|
| <b>aarp_adult_hours_a1-2</b>       | Hours Spent Caring For Another Adult | During the past 12 month, approximately how much time per week did the participant spend caring for another adult?<br><br>Hours converted from answer to question 1. | Numeric<br>.N='Not applicable' |
| <b>aarp_bike_hours_a1-2</b>        | Hours Spent Bicycling                | During the past 12 month, approximately how much time per week did the participant spend bicycling?<br><br>Hours converted from answer to question 1.                | Numeric<br>.N='Not applicable' |
| <b>aarp_child_hours_a1-2</b>       | Hours Spent Caring For Children      | During the past 12 month, approximately how much time per week did the participant spend caring for children?<br><br>Hours converted from answer to question 1.      | Numeric<br>.N='Not applicable' |
| <b>aarp_golf_hours_a1-2</b>        | Hours Spent Playing Golf             | During the past 12 month, approximately how much time per week did the participant spend playing golf?<br><br>Hours converted from answer to question 1.             | Numeric<br>.N='Not applicable' |
| <b>aarp_home_repair_hours_a1-2</b> | Hours Spent Doing Home Repairs       | During the past 12 month, approximately how much time per week did the participant spend doing home repairs?<br><br>Hours converted from answer to question 1.       | Numeric<br>.N='Not applicable' |
| <b>aarp_jog_hours_a1-2</b>         | Hours Spent Jogging Or Running       | During the past 12 month, approximately how much time per week did the participant spend jogging or running?<br><br>Hours converted from answer to question 1.       | Numeric<br>.N='Not applicable' |

| Variable                              | Label   | Description   | Format Text                    |
|---------------------------------------|---|---|--------------------------------|
| <b>aarp_lgt_house_hou<br/>rs_a1-2</b> | Hours Spent Doing Light Household Chores                | During the past 12 month, approximately how much time per week did the participant spend doing light household chores?<br><br>Hours converted from answer to question 1.          | Numeric<br>.N='Not applicable' |
| <b>aarp_mod_house_h<br/>ours_a1-2</b> | Hours Spent Doing Moderate To Vigorous Household Chores | During the past 12 month, approximately how much time per week did the participant spend doing moderate to vigorous chores?<br><br>Hours converted from answer to question 1.     | Numeric<br>.N='Not applicable' |
| <b>aarp_mod_out_hou<br/>rs_a1-2</b>   | Hours Spent Doing Moderate Outdoor Chores               | During the past 12 month, approximately how much time per week did the participant spend doing moderate outdoor chores?<br><br>Hours converted from answer to question 1.         | Numeric<br>.N='Not applicable' |
| <b>aarp_oth_aero_hou<br/>rs_a1-2</b>  | Hours Spent Doing Other Aerobic Exercises               | During the past 12 month, approximately how much time per week did the participant spend doing other aerobic exercises?<br><br>Hours converted from answer to question 1.         | Numeric<br>.N='Not applicable' |
| <b>aarp_swim_hours_a<br/>1-2</b>      | Hours Spent Swimming Laps                               | During the past 12 month, approximately how much time per week did the participant spend swimming laps?<br><br>Hours converted from answer to question 1.                         | Numeric<br>.N='Not applicable' |
| <b>aarp_tennis_hours_<br/>a1-2</b>    | Hours Spent Tennis, Squash, Or Racquetball              | During the past 12 month, approximately how much time per week did the participant spend playing tennis, squash or racquetball?<br><br>Hours converted from answer to question 1. | Numeric<br>.N='Not applicable' |

| Variable                           | Label  | Description  | Format Text                    |
|------------------------------------|--|--|--------------------------------|
| <b>aarp_vig_out_hours_a1-2</b>     | Hours Spent Doing Vigorous Outdoor Chores      | During the past 12 month, approximately how much time per week did the participant spend doing vigorous outdoor chores?<br><br>Hours converted from answer to question 1.      | Numeric<br>.N='Not applicable' |
| <b>aarp_walk_ex_hours_a1-2</b>     | Hours Spent Walking For Exercise               | During the past 12 month, approximately how much time per week did the participant spend walking for exercise?<br><br>Hours converted from answer to question 1.               | Numeric<br>.N='Not applicable' |
| <b>aarp_walk_oth_hours_a1-2</b>    | Hours Spent Walking For Other Daily Activities | During the past 12 month, approximately how much time per week did the participant spend walking for other daily activities?<br><br>Hours converted from answer to question 1. | Numeric<br>.N='Not applicable' |
| <b>aarp_weight_lift_hours_a1-2</b> | Hours Spent Weight Training Or Lifting         | During the past 12 month, approximately how much time per week did the participant spend weight training or lifting?<br><br>Hours converted from answer to question 1.         | Numeric<br>.N='Not applicable' |

## Section 6: AARP Duration - Daily

| Variable                       | Label  | Description   | Format Text                    |
|--------------------------------|--|---|--------------------------------|
| <b>aarp_drive_hours_a1-2</b>   | Hours Spent Driving Or Sitting In A Car, Bus, Or Train | During the past 12 month, approximately how many hours per day did the participant spend driving or sitting in a car, bus or train?<br><br>Hours converted from answer to question 2. | Numeric<br>.N='Not applicable' |
| <b>aarp_sit_oth_hours_a1-2</b> | Hours Spent Reading, Knitting, Or Using A Computer     | During the past 12 month, approximately how many hours per day did the participant spend reading, knitting, or using a computer?<br><br>Hours converted from answer to question 2.    | Numeric<br>.N='Not applicable' |
| <b>aarp_sit_tv_hours_a1-2</b>  | Hours Spent Sitting Watching Tv, Video Or Dvd          | During the past 12 month, approximately how many hours per day did the participant spend sitting watching TV, video or DVD?<br><br>Hours converted from answer to question 2.         | Numeric<br>.N='Not applicable' |
| <b>aarp_sleep_hours_a1-2</b>   | Hours Spent Sleeping Or Napping                        | During the past 12 month, approximately how many hours per day did the participant spend sleeping or napping?<br><br>Hours converted from answer to question 2.                       | Numeric<br>.N='Not applicable' |

## Section 7: AARP Raw Duration - Weekly

| Variable                              | Label                                   | Description   | Format Text   |
|---------------------------------------|---|---|---|
| <b>aarp_raw_adult_hou<br/>rs_a1-2</b> | Hours Spent Caring For<br>Another Adult | During the past 12 month,<br>approximately how much<br>time per week did the<br>participant spend caring for<br>another adult?<br><br>Raw answer to question 1. | .M='Missing'<br>.N='Not applicable'<br>0='None'<br>1='5 minutes'<br>2='15 minutes'<br>3='30 minutes'<br>4='1 hour'<br>5='1 hour and 30 minutes'<br>6='2-3 hours'<br>7='4-6 hours'<br>8='7-10 hours'<br>9='More than 10 hours' |
| <b>aarp_raw_bike_hou<br/>rs_a1-2</b>  | Hours Spent Bicycling                   | During the past 12 month,<br>approximately how much<br>time per week did the<br>participant spend bicycling?<br><br>Raw answer to question 1.                   | .M='Missing'<br>.N='Not applicable'<br>0='None'<br>1='5 minutes'<br>2='15 minutes'<br>3='30 minutes'<br>4='1 hour'<br>5='1 hour and 30 minutes'<br>6='2-3 hours'<br>7='4-6 hours'<br>8='7-10 hours'<br>9='More than 10 hours' |
| <b>aarp_raw_child_hou<br/>rs_a1-2</b> | Hours Spent Caring For<br>Children      | During the past 12 month,<br>approximately how much<br>time per week did the<br>participant spend caring for<br>children?<br><br>Raw answer to question 1.      | .M='Missing'<br>.N='Not applicable'<br>0='None'<br>1='5 minutes'<br>2='15 minutes'<br>3='30 minutes'<br>4='1 hour'<br>5='1 hour and 30 minutes'<br>6='2-3 hours'<br>7='4-6 hours'<br>8='7-10 hours'<br>9='More than 10 hours' |
| <b>aarp_raw_golf_hou<br/>rs_a1-2</b>  | Hours Spent Playing Golf                | During the past 12 month,<br>approximately how much<br>time per week did the<br>participant spend playing<br>golf?<br><br>Raw answer to question 1.             | .M='Missing'<br>.N='Not applicable'<br>0='None'<br>1='5 minutes'<br>2='15 minutes'<br>3='30 minutes'<br>4='1 hour'<br>5='1 hour and 30 minutes'<br>6='2-3 hours'<br>7='4-6 hours'<br>8='7-10 hours'<br>9='More than 10 hours' |

| Variable                               | Label   | Description  | Format Text   |
|--|---|--|---|
| <b>aarp_raw_home_repair_hours_a1-2</b> | Hours Spent Doing Home Repairs                          | During the past 12 month, approximately how much time per week did the participant spend doing home repairs?<br><br>Raw answer to question 1.                | .M='Missing'<br>.N='Not applicable'<br>0='None'<br>1='5 minutes'<br>2='15 minutes'<br>3='30 minutes'<br>4='1 hour'<br>5='1 hour and 30 minutes'<br>6='2-3 hours'<br>7='4-6 hours'<br>8='7-10 hours'<br>9='More than 10 hours' |
| <b>aarp_raw_jog_hours_a1-2</b>         | Hours Spent Jogging Or Running                          | During the past 12 month, approximately how much time per week did the participant spend jogging or running?<br><br>Raw answer to question 1.                | .M='Missing'<br>.N='Not applicable'<br>0='None'<br>1='5 minutes'<br>2='15 minutes'<br>3='30 minutes'<br>4='1 hour'<br>5='1 hour and 30 minutes'<br>6='2-3 hours'<br>7='4-6 hours'<br>8='7-10 hours'<br>9='More than 10 hours' |
| <b>aarp_raw_lgt_house_hours_a1-2</b>   | Hours Spent Doing Light Household Chores                | During the past 12 month, approximately how much time per week did the participant spend doing light household chores?<br><br>Raw answer to question 1.      | .M='Missing'<br>.N='Not applicable'<br>0='None'<br>1='5 minutes'<br>2='15 minutes'<br>3='30 minutes'<br>4='1 hour'<br>5='1 hour and 30 minutes'<br>6='2-3 hours'<br>7='4-6 hours'<br>8='7-10 hours'<br>9='More than 10 hours' |
| <b>aarp_raw_mod_house_hours_a1-2</b>   | Hours Spent Doing Moderate To Vigorous Household Chores | During the past 12 month, approximately how much time per week did the participant spend doing moderate to vigorous chores?<br><br>Raw answer to question 1. | .M='Missing'<br>.N='Not applicable'<br>0='None'<br>1='5 minutes'<br>2='15 minutes'<br>3='30 minutes'<br>4='1 hour'<br>5='1 hour and 30 minutes'<br>6='2-3 hours'<br>7='4-6 hours'<br>8='7-10 hours'<br>9='More than 10 hours' |

| Variable                            | Label  | Description  | Format Text   |
|-------------------------------------|--|--|---|
| <b>aarp_raw_mod_out_hours_a1-2</b>  | Hours Spent Doing Moderate Outdoor Chores          | During the past 12 month, approximately how much time per week did the participant spend doing moderate outdoor chores?<br><br>Raw answer to question 1.         | .M='Missing'<br>.N='Not applicable'<br>0='None'<br>1='5 minutes'<br>2='15 minutes'<br>3='30 minutes'<br>4='1 hour'<br>5='1 hour and 30 minutes'<br>6='2-3 hours'<br>7='4-6 hours'<br>8='7-10 hours'<br>9='More than 10 hours' |
| <b>aarp_raw_oth_aero_hours_a1-2</b> | Hours Spent Doing Other Aerobic Exercises          | During the past 12 month, approximately how much time per week did the participant spend doing other aerobic exercises?<br><br>Raw answer to question 1.         | .M='Missing'<br>.N='Not applicable'<br>0='None'<br>1='5 minutes'<br>2='15 minutes'<br>3='30 minutes'<br>4='1 hour'<br>5='1 hour and 30 minutes'<br>6='2-3 hours'<br>7='4-6 hours'<br>8='7-10 hours'<br>9='More than 10 hours' |
| <b>aarp_raw_swim_hours_a1-2</b>     | Hours Spent Swimming Laps                          | During the past 12 month, approximately how much time per week did the participant spend swimming laps?<br><br>Raw answer to question 1.                         | .M='Missing'<br>.N='Not applicable'<br>0='None'<br>1='5 minutes'<br>2='15 minutes'<br>3='30 minutes'<br>4='1 hour'<br>5='1 hour and 30 minutes'<br>6='2-3 hours'<br>7='4-6 hours'<br>8='7-10 hours'<br>9='More than 10 hours' |
| <b>aarp_raw_tennis_hours_a1-2</b>   | Hours Spent Playing Tennis, Squash, Or Racquetball | During the past 12 month, approximately how much time per week did the participant spend playing tennis, squash or racquetball?<br><br>Raw answer to question 1. | .M='Missing'<br>.N='Not applicable'<br>0='None'<br>1='5 minutes'<br>2='15 minutes'<br>3='30 minutes'<br>4='1 hour'<br>5='1 hour and 30 minutes'<br>6='2-3 hours'<br>7='4-6 hours'<br>8='7-10 hours'<br>9='More than 10 hours' |

| Variable                                    | Label   | Description   | Format Text   |
|---|---|---|---|
| <b>aarp_raw_vig_out_h<br/>ours_a1-2</b>     | Hours Spent Doing<br>Vigorous Outdoor Chores      | During the past 12 month,<br>approximately how much<br>time per week did the<br>participant spend doing<br>vigorous outdoor chores?<br><br>Raw answer to question 1.      | .M='Missing'<br>.N='Not applicable'<br>0='None'<br>1='5 minutes'<br>2='15 minutes'<br>3='30 minutes'<br>4='1 hour'<br>5='1 hour and 30 minutes'<br>6='2-3 hours'<br>7='4-6 hours'<br>8='7-10 hours'<br>9='More than 10 hours' |
| <b>aarp_raw_walk_ex_<br/>hours_a1-2</b>     | Hours Spent Walking For<br>Exercise               | During the past 12 month,<br>approximately how much<br>time per week did the<br>participant spend walking for<br>exercise?<br><br>Raw answer to question 1.               | .M='Missing'<br>.N='Not applicable'<br>0='None'<br>1='5 minutes'<br>2='15 minutes'<br>3='30 minutes'<br>4='1 hour'<br>5='1 hour and 30 minutes'<br>6='2-3 hours'<br>7='4-6 hours'<br>8='7-10 hours'<br>9='More than 10 hours' |
| <b>aarp_raw_walk_oth_<br/>hours_a1-2</b>    | Hours Spent Walking For<br>Other Daily Activities | During the past 12 month,<br>approximately how much<br>time per week did the<br>participant spend walking for<br>other daily activities?<br><br>Raw answer to question 1. | .M='Missing'<br>.N='Not applicable'<br>0='None'<br>1='5 minutes'<br>2='15 minutes'<br>3='30 minutes'<br>4='1 hour'<br>5='1 hour and 30 minutes'<br>6='2-3 hours'<br>7='4-6 hours'<br>8='7-10 hours'<br>9='More than 10 hours' |
| <b>aarp_raw_weight_lif<br/>t_hours_a1-2</b> | Hours Spent Weight<br>Training Or Lifting         | During the past 12 month,<br>approximately how much<br>time per week did the<br>participant spend weight<br>training or lifting?<br><br>Raw answer to question 1.         | .M='Missing'<br>.N='Not applicable'<br>0='None'<br>1='5 minutes'<br>2='15 minutes'<br>3='30 minutes'<br>4='1 hour'<br>5='1 hour and 30 minutes'<br>6='2-3 hours'<br>7='4-6 hours'<br>8='7-10 hours'<br>9='More than 10 hours' |



## Section 8: AARP Raw Duration - Daily

| Variable                                | Label  | Description  | Format Text   |
|---|--|--|---|
| <b>aarp_raw_drive_hou<br/>rs_a1-2</b>   | Hours Spent Driving Or<br>Sitting In A Car, Bus, Or<br>Train | During the past 12 month,<br>approximately how many<br>hours per day did the<br>participant spend driving or<br>sitting in a car, bus or train?<br><br>Raw answer to question 2. | .M='Missing'<br>.N='Not applicable'<br>0='None'<br>1='Less than 3 hours'<br>2='3 to 4 hours'<br>3='5 to 6 hours'<br>4='7 to 8 hours'<br>5='9 to 10 hours'<br>6='11 to 12 hours'<br>7='More than 12 hours' |
| <b>aarp_raw_sit_oth_h<br/>ours_a1-2</b> | Hours Spent Reading,<br>Knitting, Or Using A<br>Computer     | During the past 12 month,<br>approximately how many<br>hours per day did the<br>participant spend reading,<br>knitting, or using a<br>computer?<br><br>Raw answer to question 2. | .M='Missing'<br>.N='Not applicable'<br>0='None'<br>1='Less than 3 hours'<br>2='3 to 4 hours'<br>3='5 to 6 hours'<br>4='7 to 8 hours'<br>5='9 to 10 hours'<br>6='11 to 12 hours'<br>7='More than 12 hours' |
| <b>aarp_raw_sit_tv_ho<br/>urs_a1-2</b>  | Hours Spent Sitting<br>Watching Tv, Video Or Dvd             | During the past 12 month,<br>approximately how many<br>hours per day did the<br>participant spend sitting<br>watching TV, video or DVD?<br><br>Raw answer to question 2.         | .M='Missing'<br>.N='Not applicable'<br>0='None'<br>1='Less than 3 hours'<br>2='3 to 4 hours'<br>3='5 to 6 hours'<br>4='7 to 8 hours'<br>5='9 to 10 hours'<br>6='11 to 12 hours'<br>7='More than 12 hours' |
| <b>aarp_raw_sleep_ho<br/>urs_a1-2</b>   | Hours Spent Sleeping Or<br>Napping                           | During the past 12 month,<br>approximately how many<br>hours per day did the<br>participant spend sleeping or<br>napping.<br><br>Raw answer to question 2.                       | .M='Missing'<br>.N='Not applicable'<br>0='None'<br>1='Less than 3 hours'<br>2='3 to 4 hours'<br>3='5 to 6 hours'<br>4='7 to 8 hours'<br>5='9 to 10 hours'<br>6='11 to 12 hours'<br>7='More than 12 hours' |

## Section 9: AARP Questions 3 to 11

| Variable                             | Label  | Description   | Format Text   |
|--------------------------------------|--|---|---|
| <b>aarp_raw_bike_work_a1-2</b>       | Biked Or Walked To Work                            | Question 7<br>Have you ever had a job in which you walked or biked (pedaled) to work for most days of the week?   | .M="Missing"<br>.N='Not applicable'<br>0="No"<br>1="Yes"  |
| <b>aarp_raw_bike_work_years_a1-2</b> | Number Of Years Walked Or Biked To Work            | Question 8<br>What was the total number of years you had job(s) in which you walked or biked to work for most days of the week?                               | .M="Missing"<br>.N='Not applicable'<br>0="Less than 1 year"<br>1="1 to 2 years"<br>2="3 to 5 years"<br>3="6 to 9 years"<br>4="10 or more years"   |
| <b>aarp_raw_lgt_15_18_a1-2</b>       | Participated In Light Activities Between 15 And 18 | Question 9<br>Think back to the ages and time listed in the table below. How often did you participate in light activities at the ages and time listed below? | .M="Missing"<br>.N='Not applicable'<br>0="Never"<br>1="Rarely"<br>2="Weekly, but less than 1 hour per week"<br>3="1-3 hours per week"<br>4="4-7 hours per week"<br>5="More than 7 hours per week" |
| <b>aarp_raw_lgt_19_29_a1-2</b>       | Participated In Light Activities Between 19 And 29 | Question 9<br>Think back to the ages and time listed in the table below. How often did you participate in light activities at the ages and time listed below? | .M="Missing"<br>.N='Not applicable'<br>0="Never"<br>1="Rarely"<br>2="Weekly, but less than 1 hour per week"<br>3="1-3 hours per week"<br>4="4-7 hours per week"<br>5="More than 7 hours per week" |
| <b>aarp_raw_lgt_30_39_a1-2</b>       | Participated In Light Activities Between 30 And 39 | Question 9<br>Think back to the ages and time listed in the table below. How often did you participate in light activities at the ages and time listed below? | .M="Missing"<br>.N='Not applicable'<br>0="Never"<br>1="Rarely"<br>2="Weekly, but less than 1 hour per week"<br>3="1-3 hours per week"<br>4="4-7 hours per week"<br>5="More than 7 hours per week" |
| <b>aarp_raw_lgt_40_49_a1-2</b>       | Participated In Light Activities Between 40 And 49 | Question 9<br>Think back to the ages and time listed in the table below. How often did you participate in light activities at the ages and time listed below? | .M="Missing"<br>.N='Not applicable'<br>0="Never"<br>1="Rarely"<br>2="Weekly, but less than 1 hour per week"<br>3="1-3 hours per week"<br>4="4-7 hours per week"<br>5="More than 7 hours per week" |

| Variable                          | Label  | Description  | Format Text   |
|-----------------------------------|--|--|---|
| <b>aarp_raw_igt_50_59_a1-2</b>    | Participated In Light Activities Between 50 And 59                 | Question 9<br>Think back to the ages and time listed in the table below. How often did you participate in light activities at the ages and time listed below?                  | .M="Missing"<br>.N="Not applicable"<br>0="Never"<br>1="Rarely"<br>2="Weekly, but less than 1 hour per week"<br>3="1-3 hours per week"<br>4="4-7 hours per week"<br>5="More than 7 hours per week" |
| <b>aarp_raw_igt_last10_a1-2</b>   | Participated In Light Activities In The Last Ten Years             | Question 9<br>Think back to the ages and time listed in the table below. How often did you participate in light activities at the ages and time listed below?                  | .M="Missing"<br>.N="Not applicable"<br>0="Never"<br>1="Rarely"<br>2="Weekly, but less than 1 hour per week"<br>3="1-3 hours per week"<br>4="4-7 hours per week"<br>5="More than 7 hours per week" |
| <b>aarp_raw_modvig_15_18_a1-2</b> | Participated In Moderate And Vigorous Activities Between 15 And 18 | Question 10<br>Think back to the ages and time listed in the table below. How often did you participate in moderate and vigorous activities at the ages and time listed below? | .M="Missing"<br>.N="Not applicable"<br>0="Never"<br>1="Rarely"<br>2="Weekly, but less than 1 hour per week"<br>3="1-3 hours per week"<br>4="4-7 hours per week"<br>5="More than 7 hours per week" |
| <b>aarp_raw_modvig_19_29_a1-2</b> | Participated In Moderate And Vigorous Activities Between 19 And 29 | Question 10<br>Think back to the ages and time listed in the table below. How often did you participate in moderate and vigorous activities at the ages and time listed below? | .M="Missing"<br>.N="Not applicable"<br>0="Never"<br>1="Rarely"<br>2="Weekly, but less than 1 hour per week"<br>3="1-3 hours per week"<br>4="4-7 hours per week"<br>5="More than 7 hours per week" |
| <b>aarp_raw_modvig_30_39_a1-2</b> | Participated In Moderate And Vigorous Activities Between 30 And 39 | Question 10<br>Think back to the ages and time listed in the table below. How often did you participate in moderate and vigorous activities at the ages and time listed below? | .M="Missing"<br>.N="Not applicable"<br>0="Never"<br>1="Rarely"<br>2="Weekly, but less than 1 hour per week"<br>3="1-3 hours per week"<br>4="4-7 hours per week"<br>5="More than 7 hours per week" |
| <b>aarp_raw_modvig_40_49_a1-2</b> | Participated In Moderate And Vigorous Activities Between 40 And 49 | Question 10<br>Think back to the ages and time listed in the table below. How often did you participate in moderate and vigorous activities at the ages and time listed below? | .M="Missing"<br>.N="Not applicable"<br>0="Never"<br>1="Rarely"<br>2="Weekly, but less than 1 hour per week"<br>3="1-3 hours per week"<br>4="4-7 hours per week"<br>5="More than 7 hours per week" |
| <b>aarp_raw_modvig_50_59_a1-2</b> | Participated In Moderate And Vigorous Activities Between 50 And 59 | Question 10<br>Think back to the ages and time listed in the table below. How often did you participate in moderate and vigorous activities at the ages and time listed below? | .M="Missing"<br>.N="Not applicable"<br>0="Never"<br>1="Rarely"<br>2="Weekly, but less than 1 hour per week"<br>3="1-3 hours per week"<br>4="4-7 hours per week"<br>5="More than 7 hours per week" |

| Variable                            | Label  | Description   | Format Text   |
|-------------------------------------|--|---|---|
| <b>aarp_raw_modvig_ast10_a1-2</b>   | Participated In Moderate And Vigorous Activities In The Last Ten Years | Question 10<br>Think back to the ages and time listed in the table below. How often did you participate in moderate and vigorous activities at the ages and time listed below?              | .M="Missing"<br>.N='Not applicable'<br>0="Never"<br>1="Rarely"<br>2="Weekly, but less than 1 hour per week"<br>3="1-3 hours per week"<br>4="4-7 hours per week"<br>5="More than 7 hours per week"   |
| <b>aarp_raw_phys_job_years_a1-2</b> | Number Of Years Worked Physical Demanding Job                          | Question 6<br>What is the total number of years that you have worked in these physically demanding jobs (Add the years spent in jobs counted in the question above)?                        | .M="Missing"<br>.N='Not applicable'<br>0="Less than 1 year"<br>1="1 to 2 years"<br>2="3 to 5 years"<br>3="6 to 9 years"<br>4="10 or more years"   |
| <b>aarp_raw_phys_jobs_a1-2</b>      | Ever Had Physical Demanding Work                                       | Question 4<br>Have you ever had a job that required physically demanding work (i.e., one that required you to do very heavy labor, such as carry heavy loads, walk long distances, or dig)? | .M="Missing"<br>.N='Not applicable'<br>0="No"<br>1="Yes"  |
| <b>aarp_raw_phys_jobs_num_a1-2</b>  | Number Of Physical Demanding Jobs Ever Held                            | Question 5<br>How many physically demanding jobs have you ever held?  | .M="Missing"<br>.N='Not applicable'<br>0="1 to 2 jobs"<br>1="3 to 5 jobs"<br>2="6 or more jobs"   |
| <b>aarp_raw_walk_pace_a1-2</b>      | Normal Walking Pace  | Question 3<br>What is your normal walking pace?   | .M="Missing"<br>.N='Not applicable'<br>0="Unable to walk"<br>1="Easy (1 mile in 30 minutes)"<br>2="Normal, average (1 mile in 20-29 minutes)"<br>3="Brisk (1 mile in 15-19 minutes)"<br>4="Very brisk, striding (1 mile is less than 15 minutes)" |